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"Those who are lovers of wisdom must be inquirers into many things indeed."
Clement of Alexandria

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THE SPECTATOR

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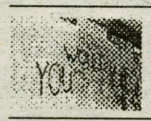
Two graduated editors send commentary back to hill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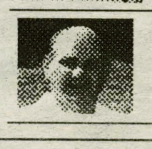
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Parking practices compared

by Joe Livingston '02
NEWS WRITER

If there is one thing that will make Hamilton students upset, it is college parking policies. On any given day, you can find a disgruntled student driver making such remarks as, "Man, this sucks! Five tickets in one week. What's wrong with these people?" or, "Why do I even bother having a car here? I'm not allowed to park it."

Interestingly enough, many of these same students rarely offer any solutions to what they perceive as the problem of strict parking policies. Also, very little discussion as to whether or not the grass is in fact greener at other schools comes up. Well, here it is, a comparative look at the parking policies of Hamilton and other schools. Only after comparing the rules of the schools can we judge whether the parking policies of Hamilton College are indeed as harsh and inefficient as students report.

Marie Goodman, an office assistant for campus safety, helped to define some of the key parking policies. Hamilton requires that all students register their vehicles, which costs $50. This fee allows upperclassmen to park their cars in one designated lot 24 hours a day. The campus security office can generate temporary passes for visitors and for special purposes when necessary.

The school considers everything that is not part of an actual parking lot to be a fire lane.

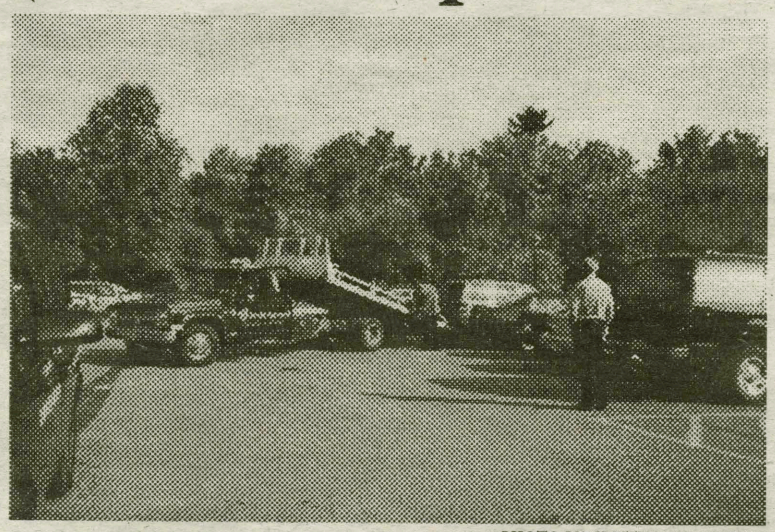
PHOTO BY CRISTEN SARGENT '01

Kirkland auto tows a Jeep Cherokee, a rarity at Hamilton, from the Babbitt parking lot one morning. The owner had accrued a large number of parking tickets.

Hamilton issues tickets in amounts ranging from $25 to $75 for various infractions, such as parking unregistered vehicles, parking in handicap spots, blocking garbage disposal areas and service areas, making service calls, driving in the wrong direction, not coming to a full stop, and parking in undesignated lots or in faculty/staff parking lots overnight.

The most common tickets issued are for parking in fire lanes. In total the campus wrote $74,000 worth of tickets for the year ending on June 30, 1999, according to Daniel Konstalid, the controller in the business office.

At Colgate University all students must have their vehicles registered with campus security; however, Colgate does not charge for registration. Between the hours of 7 a.m. and 3:30 p.m., students may not park in on-campus parking lots that are designated specifically for staff and faculty, unless they are students living off-campus who have passes to park in one designated lot on campus. After 3:30 p.m., students may park their car in most spaces, although between 3 and 7 a.m. all students must keep their cars in the distant, first-year student lot. The security office describes the parking laws as being "very tight." The fines that Colgate issues range from $15 to $50, depending on the severity of the offense. Illegal parking during the

*see **Parking**, page 2*

Dwight Lounge gets a major face lift

by Jim Duvernay '03
NEWS WRITER

Representing a desire for a formal meeting room to serve as an upscale "showpiece" for the campus, the restoration of Dwight Lounge on the second floor of Bristol Campus Center reached a conclusion earlier this month. Hamilton College finds itself with a high class meeting area more suitable for smaller and more formal activities than the lounge in its previous condition.

Physical Plant workers finished improvements to the facility during the week of Oct. 4, completing renovations that had been scheduled for over two years. Acting on the recommendations of the Building, Grounds, and Equipment Committee, the Board of Trustees finally approved spending last spring for the project to proceed.

Funding for this project apparently issued from some mysterious and unidentifiable source. Amongst the college officials baffled by this magical money include Acting President Thomas Shwarz, Assistant to the President Meredith Bonham Harper, Director of Communications Mike Debraggio, and Director of Student Activities Beverly Low. Other administrators, including Vice President of Administration and Finance Dan O'Leary and Vice President of Communications and Development Dick Tantillo could not be reached for comment.

Aesthetically, the renovations integrated the finest aspects of the old lounge with several pleasing new additions. The two stone fireplaces, replete with fresh white birch logs, and the dark wood ceiling beams blend nicely with the new tan-colored walls highlighted with brown swirl designs. Crisp, new red and blue drapes with subdued floral patterns go well with the variety of furniture styles and colors. An overwhelming cascade of colorful and plush chairs and couches combined with fine oriental rugs yields an elegant, yet cozy atmosphere. The smoothly polished wood floor and collection of coffee tables contrasts well with the furniture and adds to the overall relaxed feel of the room.

At the same time, the modernization of Dwight has addressed technological needs. New lighting fixtures provide more than adequate illumination. An audio system with ceiling-mounted speakers and convenient microphone jacks should provide easier options for hosting speakers. Other improvements include installation of telephone and computer jacks, with some minor touchups still remaining.

The renovation process received two accelerations this summer. William "Mac" Bristol, trustee emeritus, visited his campus center and strongly expressed a desire for the renovations to be carried out. Later in the summer, the Bristol-Myers-Squibb Company informed the college of its plan to present a painted portrait of Bristol to the college.

PHOTO BY RACHEL BAREK '01

The new and improved Dwight Lounge will act as the campus' formal gathering space.

"The college considers this an important dedication, and wanted Dwight Lounge to reflect that," said Low.

Revised usage guidelines will accompany the renovation of Dwight. The Bristol Campus Center Committee drew up a proposal last week and submitted it to the Bristol family for their thoughts on the matter. Low optimistically sees an agreement being reached, possibly by the end of next week. She

*see **Lounge**, page 2*

SPECTACLES

Digging for gold

PHOTO BY DARREN BLOCK '01

The Anthropology Club got down and dirty earlier this month when they excavated at a site off Campus Road. Sara Millward '01 and Caitlyn Cook '01, pictured here, helped recover barbed wire, glass brick, crockery and a one-cent Indian-head coin from the 1860s around the 19th-century foundation.

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Alpha Theta Chi raises funds for breast cancer

by Suzanne Dougherty '00
NEWS WRITER

Over 80 people gathered at the ELS parking lot to walk for the fight against breast cancer. On Oct. 16, the Alpha Theta Chi sorority hosted its annual 4-mile walk around campus to help show its support for the increasing number of victims who have died from breast cancer.

Only an estimated 5% of funds spent on all cancer research goes toward breast cancer. The sorority spent the week of Oct. 11 collecting donations during lunch hours in Beinecke.

These donations amounted to over $300, and the sorority will match that amount, donating a total of $640 to the American Cancer Society. The walk on Hamilton's campus is a small-scale version of the one that took place the following weekend in Utica.

Alpha Theta Chi president Mimi Kelly is very pleased with the involvement of the campus in the sorority's efforts to raise awareness of this disease.

"The Breast Cancer Awareness walk is our largest philanthropy event of the fall semester," she said. "This was the third year that we organized the walk, and we raised more money than ever. I was especially glad to see such a wide range of participants this year, and I am confident that the walk will continue to gain support in years to come."

Breast cancer is not just a women's disease, although they are the most frequent victims. According to the American Cancer Society, excluding cancers of the skin, breast cancer is the most common cancer among women. It accounts for one out of every three cancer diagnoses in the United States. A woman in the US has a 1 in 8 lifetime risk of developing breast cancer and a 1 in 29 lifetime risk of dying from breast cancer.

PHOTO SUBMITTED BY SUZANNE DOUGHERTY '00

Alpha Theta Chi sponsored an on-campus walk in support of breast cancer.

Restricted policy is the norm

from ***Parking****, page 1*

day has a fine of $25.

At Williams College in Massachusetts, all students must also register their cars on campus. This year, Williams has run out of spaces, and all students who register their cars for off-campus parking must make private arrangements in the town. Students may park all registered vehicles in the staff/faculty lots from 6 p.m. - 2 a.m. on weekdays and from 1 p.m.- 2 a.m. on weekends.

At Bates College, all students must register their vehicles for the price of $60. They must park in designated lots, of which freshmen received one. Students who register their vehicles get four weeks worth of temporary parking passes. Each one of the 28 parking passes allows students to park in a lot closer to the center of campus on the days when they feel it is most necessary. The college recommends that students carefully conserve these passes for days when parking in a certain location is most important such as when moving in or out of a dorm. Students may park their cars in most lots in the evenings. Students may park their cars next to their dorm for up to 15 minutes if the hazard lights are on. Parking fines are generally between $10 and $20.

Syracuse University students must register their vehicles for either the day or the year. The permits designate a specific parking area for students. Students also may park in two other public lots and have extended privileges to park in non-student lots in the evenings.

So the question still remains: is the grass in fact greener at other schools? Plainly, by necessity most schools must adopt some form of parking policies and enforce such policy by the use of fines and tickets. But we still wonder whether or not Hamilton's parking policies are too strict. Even at Williams and Syracuse, where parking spots are hard to come by, after academic hours students may park their cars in other lots than those assigned. Such a policy doesn't even require a school to have more parking spaces. It is also very possible to allow students to park for short periods of time in order to load or unload a car.

Said Colin Donnaruma '02, "I think it's ridiculous that when you are parking in front of your dorm even for a very short time to unload things, security swoops down to ticket you and forces you to pay exorbitant fines."

The college could also issue temporary permits to students for times when it is most necessary to park near a particular building. Commented David Trovato '02, "My family received a $125 ticket, but I went to security and they threw it right out. Security realized it was a mistake." Security issued the ticket for unauthorized parking of an unregistered vehicle and parking in a fire lane. Although security revoked the ticket, "it got my family worked up for a while," said Trovato.

Additionally, the fines that Hamilton issues are among the highest around. One is hard pressed to find any other college that assigns $75 tickets even for the most blatant offenses. And, of course, the most obvious solution, although not the most scenic, would be to actually build more parking lots on campus.

It will be up to each person to judge the best solution and to create new ones, since it is clear that the current policies have created much dissatisfaction.

Dwight ready for events

from ***Lounge****, page 1*

stressed that any restrictions should impact faculty and students alike.

"All factions on campus will have the opportunity to use Dwight according to the (new) usage guidelines. It has always been a special place requiring permission to use, now it's just being bumped up to a higher level. Any restrictions on the lounge will be based on the type of program, not who sponsors it."

The physical arrangement of the room itself may dictate usage possibilities as much as any policy issues. The large and bulky furniture does allow for convenient rearrangement and places significant limits on the comfortable capacity of the room. Past uses of Dwight included panel discussions, lectures, and banquets. Those uses will likely continue, but will occur on a smaller, more intimate scale. The old layout of the space allowed for 80-100 people at a banquet, whereas the new layout can only accommodate about 40 people for a formal dinner. Low's office will monitor whatever restrictions administrators set for the lounge.

Up to this point, the college has restricted the use to a handful of special guests and had to refuse several requests by campus groups, faculty and student alike. The student-run Adler Conference counted itself among those unable to use the facility. Last year's conference included a dinner and keynote address in Dwight, and conference coordinators had envisioned the same arrangement this year. The office of Student Activities informed them earlier this fall that the lounge would be unavailable due to the uncertainties of the renovation schedule. That notification, combined with the ongoing unavailability of the Filius Events Barn, caused some unexpected adjustments for conference planners and left them scrambling to secure sufficient venues on campus.

"It was slightly inconvenient. We had things planned early on and have had to move things around," admitted conference co-chairman Steve Guditus '01.

The conference has successfully relocated several agenda items to the south side of campus

Noting that every college has a "special purpose" room, Low sees many benefits resulting from the new lounge.

"The college brings great guests to campus, and now has no reason to hesitate in using Dwight. It will also be more convenient for special guests staying in Bristol. We now have a first-rate facility that looks great."

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Arthur Levitt Public Affairs Center
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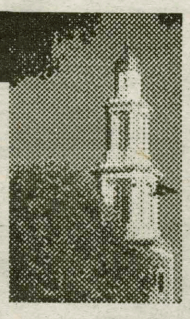
ALUMNI FELLOWS PROGRAM
The Alumni Fellows Program is a valuable resource of the Arthur Levitt Public Affairs Center (located in KJ 137). The program harnesses the expertise of Hamilton alumni and makes it available to students working on projects in the social sciences. Many alumni have graciously volunteered their time and knowledge to students in a variety of ways:
- *Provide students with information not currently available*
- *Provide an insider's view on a particular issue or subject*
- *Act as an "expert evaluator" of student work*
- *Connect students with friends, colleagues or acquaintances that may possess some relevant expertise that could be useful*
- *Speak to classes or groups on the Hill or through videoconferencing*

Students, Faculty or alumni interested in the Alumni Fellows Program should contact Jennifer Irvine, Alumni Liaison, at (315) 859-4061, by e-mail at jirvine@hamilton.edu, or visit the Arthur Levitt Public Affairs Center.
Office Hours: Monday 3-5 pm and Wednesday 3-5 pm and by appointment

IVORY TOWERS



THE NEWS AT COLLEGES ACROSS THE LAND

Compiled By Cristen Sargent '01

Harvard scholars say Dole unlikely to drop out of sight

(U-WIRE) CAMBRIDGE, Mass. — The Republican presidential field lost another candidate as Elizabeth H. Dole announced earlier this week that she was dropping out of the race.

Dole, who graduated Harvard Law School in 1958 as a member of the first class to include women, cited her lack of campaign funds as the major reason for abandoning her history-making bid for the White House.

Dole had raised $4.7 million in the last year since resigning her post as president of the American Red Cross to run for the Republican nomination.

In comparison, Republican front-runner and Texas governor George W. Bush, a Harvard Business School graduate, has amassed over $56 million, far more than the rest of Republican field.

"Inadequate funding limits the number of staff at headquarters and in key states," Dole said during her news conference.

"It restricts your ability to communicate with voters. Over time, it becomes nearly impossible to sustain an effective campaign," she added.

Alan K. Simpson, director of the Institute of Politics (IOP) and a former Republican senator from Wyoming, said Dole began the race with an advantage because of her connections in politics.

"It all comes down to money," Simpson said. "She and her husband were part of a big network. If she was still having trouble raising money, then it was probably time to get out."

White supremacist asks Northwestern U. for religious recognition

(U-WIRE) EVANSTON, Ill. — After the distribution of racist literature last week, the leader of The World Church of the Creator has taken another step to promote his views to Northwestern students.

Matt Hale sent a letter Tuesday morning to University Chaplain Tim Stevens asking for permission to become an NU religious group.

"We would like to have the same status that every group has on campus," Hale said. "We are interested in our people everywhere and spreading our religious beliefs."

The university said it will treat Hale the same as any other person seeking religious recognition on campus.

"We are going to respond the way we would to any other religious group that asks for recognition, explaining the university procedures and policies," said University Chaplain Tim Stevens, who said he will send a letter responding to Hale's fax like he would to anyone else. "I am going to explain what the policies are and what he does is up to him."

But the university still retains the right to decide whether or not to recognize such an organization even after they go through that process, said Al Cubbage, vice president for university relations.

"You are not automatically recognized by going through that process," he said. "The university chaplain and vice president for student life retain the right to decide."

To become a religious organization at NU, at least 15 enrolled students must sign a statement asking to establish a group and clearly state the group's purpose, Cubbage said.

JFK film found in Texas Christian U. archives

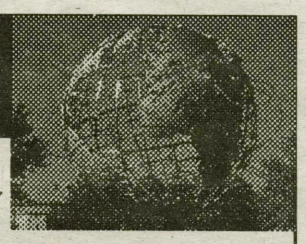
(U-WIRE) FORT WORTH, Texas — On Nov. 22, 1963, President John F. Kennedy spoke to a crowd of supporters at a breakfast at the Hotel Texas in Fort Worth. As he joked with the crowd, laughter and joy spread throughout the ballroom.

But hours later, sadness and grief spread across the nation as Kennedy was assassinated in Dallas.

Those few hours in Fort Worth, captured on 8mm film, were discovered in the Mary Couts Burnett Library among material donated to the university.

In 1990, former Speaker of the House and current TCU professor Jim Wright donated the collection of material he compiled during his 34 years in Congress. The 8mm film was found among the material, and it has left TCU archivist Glenda Stevens wondering who owns the film.

WORLD NEWS



Compiled By Christopher LaRosa '03

Falun gong vows to persevere

BEIJING (AP) - Nearly 30 members of the banned Falun Gong spiritual movement spoke out Thursday at an extraordinary news conference organized in secrecy, denouncing torture at the hands of Chinese police and promising continued defiance.

One member displayed wrists bruised by manacles; another told how police burned her face with an electric baton; an 11-year-old said he was expelled from school for his beliefs.

China's Communist Party, meanwhile, promised it would show no mercy to what it called "the devil cult." Police detained at least 20 Falun Gong members Thursday on the vast expanse of Beijing's Tianamen Square, pushing them into blue-and-white minibuses and driving away - the same routine they have followed every day this week.

Police in Beijing this week have detained 3,000 group members from every part of China except Tibet, a Communist Party source said on condition of anonymity. On Wednesday night, he said, security forces in all major cities were ordered to keep close watch on government buildings, airports and railroad and bus stations.

The fervor and flair for secret organization displayed at the news conference underscored the difficulties the government faces in eradicating the Falun Gong.

Seven foreign reporters contacted by e-mail about the news conference first met at a restaurant on one side of Beijing. Then under escort by members, the reporters changed taxis twice before arriving at a suburban hotel. One wall of a conference room held a poster of group founder Li Hongzhi in saffron robes.

The portrait and the slow-motion exercises the 30 followers performed to close out the news conference were once common sights in city parks but have been rarely seen in public since the ban.

Canada student stabbed over Pokeman

MONTREAL (AP) - A 14-year-old student was stabbed during a fight over Pokemon trading cards at a Quebec school, the principal said Wednesday.

Police questioned a 12-year-old boy, who may face juvenile charges in the stabbing Tuesday at the St. Gerard primary school in Laval. The victim received four stictches in his shoulder.

"It's completely senseless," said Francois Ducharme, the principal. "As far as I know, it's the first time such a violent event has happened in our school."

The trading cards for tiny monsters called Pokemon popularized by a Japanese video game have been banned from the school, a step also taken by schools in several U.S. states.

According to news reports, the stabbing victim was trying to recover a dlrs 30 set of Pokemon cards taken from his 10-year-old brother the day before. He was stabbed by a four-inch knife.

Milosevic may face new charges

PRISTINA, Yugoslavia (AP) - President Slobodan Milosevic may face more criminal charges, including genocide, in connection with the bloody crackdown on ethnic Albanians in Kosovo, the chief prosecutor of the international war crimes tribunal said Thursday.

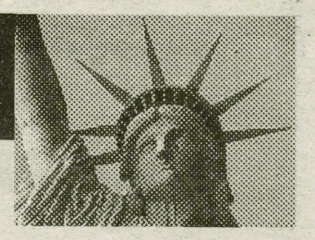
Carla del Ponte told reporters that the tribunal, based in The Hague, Netherlands was considering additional charges that included "offenses committed in Croatia and Bosnia-Herzegovina, as well as offenses committed in Kosovo during 1998, including the charge of genocide."

Milosevic and several lieutenants have already been indicted for war crimes allegedly committed in 18 months of violence against ethnic Albanians.

But Milosevic has never been charged with offenses committed during wars elsewhere in the former Yugoslavia, such as Croatia and Bosnia.

Tribunal investigators have been in Kosovo gathering evidence for the cases since June 12, when NATO sent in peacekeepers after a 78-day bombing campaign against Yugoslavia.

NATIONAL NEWS



Compiled By Christopher LaRosa '03

House approves spending bill

WASHINGTON (AP) - Republicans pushed the last and biggest spending bill of the year through the House on Thursday, the latest step in a political dance that will lead to a veto by President Clinton and then budget talks.

Though a veto was certain, Republicans claimed a triumph as they moved toward finishing the last of the new fiscal year's 13 annual spending bills. They also rallied around twin themes - protecting Social Security and not boosting taxes -that they hope will propel them in next year's elections.

"Stop and think about what we're able to do today," said House Majority Leader Dick Armey, R-Texas. "Today we're proving we can fund government without raising Social Security and without raising taxes."

Clinton stood ready to veto the measure because of the damage he said would be caused by the bill's 0.97 percent across-the-board cut in all agency budgets, which Republicans included to avoid using Social Security money. He also objected when the GOP did not provide the money he sought to help communities hire thousands of elementary school teachers.

"If we were being attacked by space aliens we wouldn't be playing these kinds of games," Clinton told educators visiting Washington. "These kinds of games are only possible because the economy is strong and the American people are self-confident and people believe therefore that they can do frivolous things that they would otherwise never consider doing to try to get short-term political advantage."

The near party-line vote was 218-211. Senate passage was expected as early as Friday.

U.S. looks to French school model

WASHINGTON (AP) - If an American family wants to send a child to preschool but can't afford it or get into a subsidized program, toddlers end up staying home until kindergarten.

In France, preschool is available to everyone; and if the United States is going to com pete globally, it should expand its own preschool access, a group of education advocates said Thursday.

France pays the equivalent of $7 billion a year to send nearly all 3-to 5-year-olds to voluntary, all-day preschools that focus on learning and the arts.

The United States - where only half of the same age group is served - spends about $11 billion on programs that are not mandatory and are targeted to poor families. Other families pay tuitions ranging from $1,200 to $8,000.

"We kept asking people how they came to this acceptance of preschool as a universal norm," said Allyson Schwartz, a state senator from Pennsylvania who joined a U.S. delegation that toured French preschools in January. "It was so accepted there they couldn't remember. To them it was such as odd idea - that we would question the need for families to have quality care and preschools for children. They thought we were the odd ones."

In America, 55 percent of families send children to preschool - either to Head Start programs for the poor or private schools affordable to better-off families. States, which control the bulk of U.S. education policy, are just beginning to consider creating programs for all young children, regardless of income.

Billions proposed for fast trains

WASHINGTON (AP) - Senate railroad advocates proposed a plan Thursday to raise $10 billion over 10 years to help Amtrak introduce high-speed trains throughout the country.

Sen. Frank Lautenberg, D-N.J., said his legislation would begin to address historic imbalances between money spent on highways and money spent on rail travel.

"Even when everything goes as planned, air travel is now uncomfortable at best," Lautenberg said. "High-speed rail offers a better way. It's comfortable, it's reliable, and it's getting faster and faster."

Though railroads have long been considered a pet project of Northeast states, the high-speed rail initiative is designed to attract wide support by proposing fast trains for the Midwest, West and South.

Another advocate is Amtrak Chairman Tommy Thompson, the Republican governor of Wisconsin. He said other industrialized countries have left the Uni ed States behind on rail travel.

Campus environmental group plans glen cleanup

submitted by HEAG
SPECIAL TO THE SPECTATOR

Everyone on campus knows about the Root Glen, and even a few know about the Kirkland Glen, but very few are aware of the existence of Rogers Glen, the most wild, natural, and in our opinions, beautiful, forested area on campus. Unfortunately, even fewer people know about Rogers dump, an enormous landfill literally in the glen, right behind the TDX soccer field. It is an old, unused landfill about 20-30 feet high filled with old tires, armchairs, lawnmowers, shopping carts, washing machines, a refrigerator, and even an old car. Pipes and chemical barrels have been washed into a stream that runs to the reservoir, and old foam mattresses are so overgrown with mosses and small plants that they look like rocks until you step on them.

For decades, and lasting until the early 80s, Hamilton dumped large waste directly into the stream that runs through Rogers Glen. Today, there are several tons of trash that are continually floating downstream away from the dumping site. The college has no plans to clean up the dump because the investment would be so large. Because the dump is out of the way, the hope is that no one will notice it. However, the dump is not enclosed, so this is impossible. As the dump becomes more and more overgrown each year, it only gets more dangerous to people walking near it.

The Environmental Action Group (HEAG) is organizing a partial cleanup of this dump area (a complete cleanup would entail cranes, backhoes, and other heavy equipment, as well as chopping down trees to access the overgrown site.) We are currently seeking co-sponsorship from other organizations and societies on campus. We don't need any money, just a little of your time and energy for this community service project. Physical plant will provide trash bags and probably work gloves. HEAG will also be purchasing some heavy-duty work gloves. We are hoping to do this cleanup the Saturday or Sunday after parent's weekend, if it hasn't snowed by then. Otherwise, the cleanup will be postponed until spring. The cleanup will be in conjunction with either a concert or a picnic/cookout; even if we just bring in pizza, it will be lots of fun. If you have more detailed questions about the project, or would like to help out, please contact Carla Scarpone (cscarpone) or Chris Bower (cbower). Keep an eye on your email for the exact date and time.

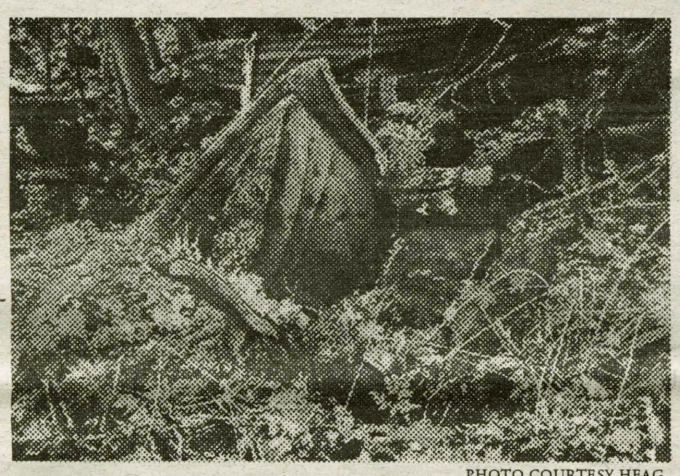
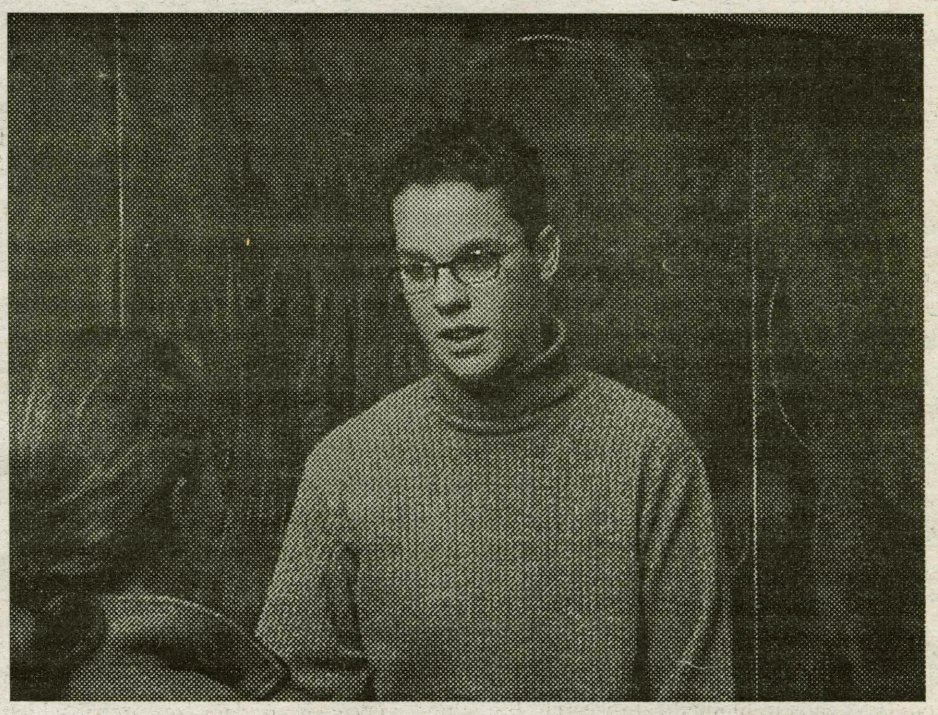


PHOTO COURTESY HEAG

HEAG is seeking help in cleaning the polluted Rogers Glen.

Celebrate Sexuality Week



Celebrate Sexuality Week continued last night with "Let's talk about sex, grrls," a women's sexuality workshop by Ashley Merriman '98 in the Red Pit. Merriman spoke on and answered questions from the all-women audience on their sex, sexuality and sex lives. Celebrate Sexuality Week is sponsored by The Rainbow Alliance, The Kirkland Project, Student Assembly, The Arthur Levitt Public Affairs Center, and The Office of the President.

Desmond Tutu to speak in April as Great Name

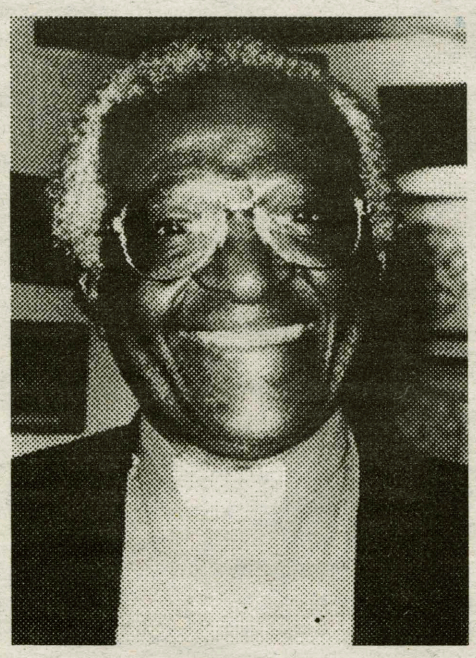
Press Release

CLINTON, N.Y. — South African Archbishop and 1985 Nobel Peace Prize recipient Desmond Tutu will be the spring speaker in the Sacerdote Great Names Series at Hamilton College.

Tutu will deliver a free public lecture on Tuesday, April 11, 2000, in the Margaret Bundy Scott Field House. Former British Prime Minister Margaret Thatcher is also scheduled to speak at Hamilton this year as part of the Sacerdote Series. She will visit the campus on Thursday, Dec. 9, for a 7 p.m. lecture. Additional information for both events will be forthcoming.

Tutu and Thatcher will join retired General Colin Powell, Nobel Prize winner Elie Wiesel, jazz great B.B. King, former South African President F.W. DeKlerk and political commentators Mary Matalin and James Carville as participants in the Great Names Series. The series was recently renamed the Sacerdote Great Names Series in recognition of a significant gift from the family of Alex Sacerdote, a 1994 Hamilton graduate.

Tutu has been one of the leading figures in the fight against apartheid in South Africa. He was elected Bishop of Lesotho in 1975. By that time, South Africa was in the wake of the 1976 Soweto uprising and deep in turmoil. Tutu was persuaded to leave Lesotho and assume the post of general secretary of the South African Council of Churches (SACC). It was in this position, a post he held from 1978-1985, that Bishop Tutu became a national and international figure.



Archbishop Desmond Tutu will be speaking in the Sacerdote Great Names Series.

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Science in the news: stem cell research and the federal buck

by Sam Evans '01
CONTRIBUTING WRITER

I decided to write this piece because I think people need to know more about what is going on in the world of science. We hear so much that paints a broad sketch of science, yet seldom do we really understand the primary means by which humans derive information about their environment. The news media give us sheep cloning, AIDS epidemics, Mars landings and cancer. TV gives us ER, The Discovery Channel and the X-Files.

But what do we really know about how science works in our world, and how close it is to our lives? I have no idea how many people will be interested in reading this, but I applaud those who do. Science affects us more than you know, so it never hurts to have a clue what's happening in this dynamic field.

Over the last year, there has been a huge debate over the use of human embryonic stem (ES) cells in biomedical research. ES cells are the elemental cells of a human embryo. They arise when sperm and egg are fertilized, and are capable of growing into full-fledged human fetuses. Scientists believe that if we can understand these cells, and the complicated processes that direct their development, we may be able to make monumental leaps in treating a host of severe and often fatal conditions.

Heart disease patients and diabetics are just two groups that may benefit tremendously from ES cell research. Hospitals and pharmaceutical companies, with the powerful knowledge of how humans develop from blobs of cells into thinking breathing beings, might be able to help tens of thousands of sick individuals every year.

However, the technology that many experts tout as clinically invaluable, is morally and ethically unspeakable to others.

The debate over ES cell research involves parties in every area of society, from the federal government to church groups to private scientists. Biomedical research is the heart of modern medicine, and many scientists believe that ES could catapult this field far into the future.

But like many of history's groundbreaking advancements, there is considerable opposition to further progress in this field. In fact, many groups believe that ES cell research is nothing short of murder.

Last November, a team of developmental and cell biologists at the University of Wisconsin, Madison, published a paper in the journal *Science* that presented their pioneering research on ES cells. Using embryos derived from an in vitro fertilization (IVF) clinic, Dr. James Thomson and his colleagues successfully isolated and cultivated pluripotent human cells.

These cells have the potential to grow into any of the body's fundamental tissues, including nerve and blood cells, heart tissue and other vital organs. Furthermore, these cells replicate indefinitely, and in some estimates are "immortal" because they do not undergo the same degenerative processes associated with aging.

The idea is that if scientists can fully understand how our primordial cells differentiate into all of our bodily components, we can use these cells as building blocks in the construction of tissues that may also help treat burns, spinal cord injuries and even Parkinson's disease. So why is this a controversial topic?

Pro-life and other conservative groups have serious ethical and moral objections to this research. Because stem cells are theoretically capable of growing into any one of our 210 different tissue types, they argue that halting the process by which they would normally grow into a fetus is killing a life.

Nonetheless, socially conservative groups are strong throughout the US and in Congress, and can be very effective when mobilized against a contentious issue. Opponents of stem cell technology have blocked the progress of this research by hitting scientists where it hurts the most: their wallet.

In 1995, Congress passed an appropriations bill that specifically restricted the National Institutes of Health (NIH), the federal organization that funds a huge percentage of the universities and biomedical research institutions in the US, from using public money in stem cell research.

Since then there has been a fiery debate over the social and legal problems that arise when a scientific discovery hits so close to home. A pro-life majority in Congress and numerous religious and social organizations claim that it is unacceptable to manipulate or destroy a human being in its embryonic form.

Current federal law says that federal funds may not be used for "research in which a human embryo or embryos are destroyed, discarded, or knowingly subjected to risk of injury or death greater than that allowed for research on fetuses in utero (the womb)."

In May of this year, a White House ethics panel convened to look further into this matter. Its recommendation, endorsed by some 33 Nobel laureates, was that federally financed scientists should be able to derive and conduct research on stem cells from human embryos, according to *The New York Times*.

The potency of these cells is that the root of both sides of the argument.

The Patients' Coalition for Urgent Research, a consortium of more than 20 patients' advocacy organizations, responded that stem cell research should proceed "in order to speed the day when millions of sufferers will find relief from the ravages of catastrophic illness and disabilities." Indeed, the prospect of generating a host of badly needed cells and tissues, is tempting.

With ES therapy, doctors may be able to generate and transplant cells into an individual with heart disease. Functional pancreatic tissue can be transplanted into diabetics to restore normal insulin production. Spinal cord injuries may be able to be treated by growing nerve cells in culture, and then repairing damaged tissue with carefully manipulated ES cells.

Despite these potential benefits, Congressional opponents of ES cell research, representing the collective interests of the nation's significant pro-life contingency, stressed that work carried out in this area with NIH funds "would violate both the letter and spirit of federal law."

This July, Senator Sam Brownback (R-KA), in a letter endorsed by Roman Catholic and Protestant opponents of abortion said that "the prospect of government-sponsored experiments to manipulate and destroy human embryos should make us all lie awake at night. That some individuals would be destroyed in the name of medical science constitutes a threat to us all."

Despite compelling arguments from both sides, the law says human stem cells are essentially human beings, and this interpretation is the basis for withholding public funds for ES cell research.

Ironically, the potency of these cells is at the root of both sides of the argument.

In a briefing to the Senate Appropriations Subcommittee earlier this year, Dr. Harold Varmus, director of the NIH, clarified that ES cells are pluripotent, that is, capable of developing into any type of human cell, but not a whole person. However, these cells are derived from human embryos, which themselves are totipotent, or capable of giving rise to a fully functioning human being. The two sources for ES cells are surplus embryos at IVF clinics or terminated pregnancies; both violate the moral and ethical priorities of a majority of federal legislators and their constituents.

One thing is fairly certain: whoever makes the discoveries in this field will dictate the terms of ES technology in clinical and other research applications. Since the public science community is not able to participate in ES cell research, it is conceivable that private companies may master and control ES cell therapies and technology by holding patents. This could give huge discretionary powers to the pharmaceutical industry, which already stretches into all levels of society.

Medical and other scientific research works because scientists share information and repeat their colleagues' experiments. Federal involvement creates a more open research environment, with better exchange of ideas and data among scientists, more public engagement and oversight, according to NIH Director Dr. Varmus.

The questions are complicated. Does a microscopic mass of cells warrant the same legal and ethical guarantees as an adult? At what point does an embryo become a human being? Is the potential for substantial medical breakthroughs, more important than the question of "whether members of the human species should be treated as other than ends in themselves?"

Right now, it stands that federal dollars will not be used for research on embryonic stem cells. Since this is a field with such tremendous medical and economic potential, ES cell research will continue to be carried out. Private firmswill do the work forbidden to the greater scientific community.

No one can say how this debate will play out in the future. Still, it is our responsiblity to stay informed on the areas of society that have the greatest impact on our lives.

Science behind the news

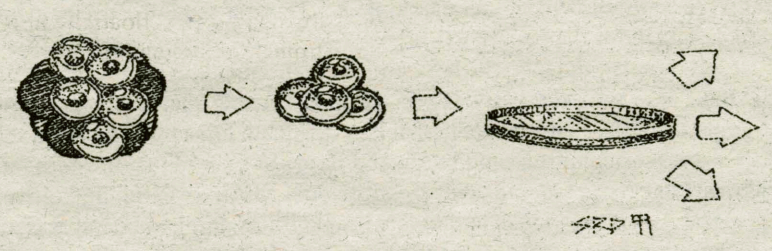


Diagram of the first experiment to cultivate human stem cells. The blastocyst at left is reduced to the middle cell mass by microsurgery. Pluripotent cells were grown on a layer of mouse feeder cells. The arrows are possibilities in treating many pathologies.

The experiment in detail

Embryonic stem cells have been a focus of the biomedical community for almost a decade. Scientists have made significant progress with non-human cells, but Thomson et al were the first to successfully isolate and cultivate human stem cells. Fetal pig stem cells have been used successfully in treating the damaged tissue caused by Parkinson's disease. While mouse and primate models are useful, clinical applications in humans require extensive research with human stem cells.

A blastocyst is derived from either surplus embryos at an IVF clinic or from early-terminated pregnancies. The outer layers of the mass are removed by microsurgery, and the inner cells are cultivated on a layer of mouse cells, which serve as a feeder layer for the stem cells.

In Dr. Thomson's experiment they attempted to grow nine lines of these cells. Of the nine an impressive five actually began to replicate. They continued to replicate for five to six months without differentiating into unique cell types, showing many characteristics of pluripotent cells. ES cells allowed to differentiate developed into all three embryonic germ layers (ectoderm, mesoderm and endoderm).

The cells expressed high levels of telomerase activity, an enzyme that has been shown to repair the caps of chromosomes that fray and degrade with age. From here, scientists hope to do more tests to assess the genetic and biochemical reactions that govern development in these cells. Potential clinical uses of ES technology include:

* Generating various cell lines for use in tissue therapy and transplants. ES lines may be modified to contain the genetic make-up of a potential recipient of ES cell therapy. This would diversify the scope of treatments possible by helping to reduce the danger of immunorejection of foreign cells introduced into a patient's body.

* Improved drug screening. Pharmaceutical companies can generate numerous different cell lines to test the effects of candidate drugs. This could streamline the drug development process by reducing the amount of animal and human clinical studies necessary in pharmaceutical research.

* A better understanding of mammalian development. There are few areas in biomedicine that would not benefit from intimate knowledge of the genetic and environmental factors that determine every aspect Homo sapiens.

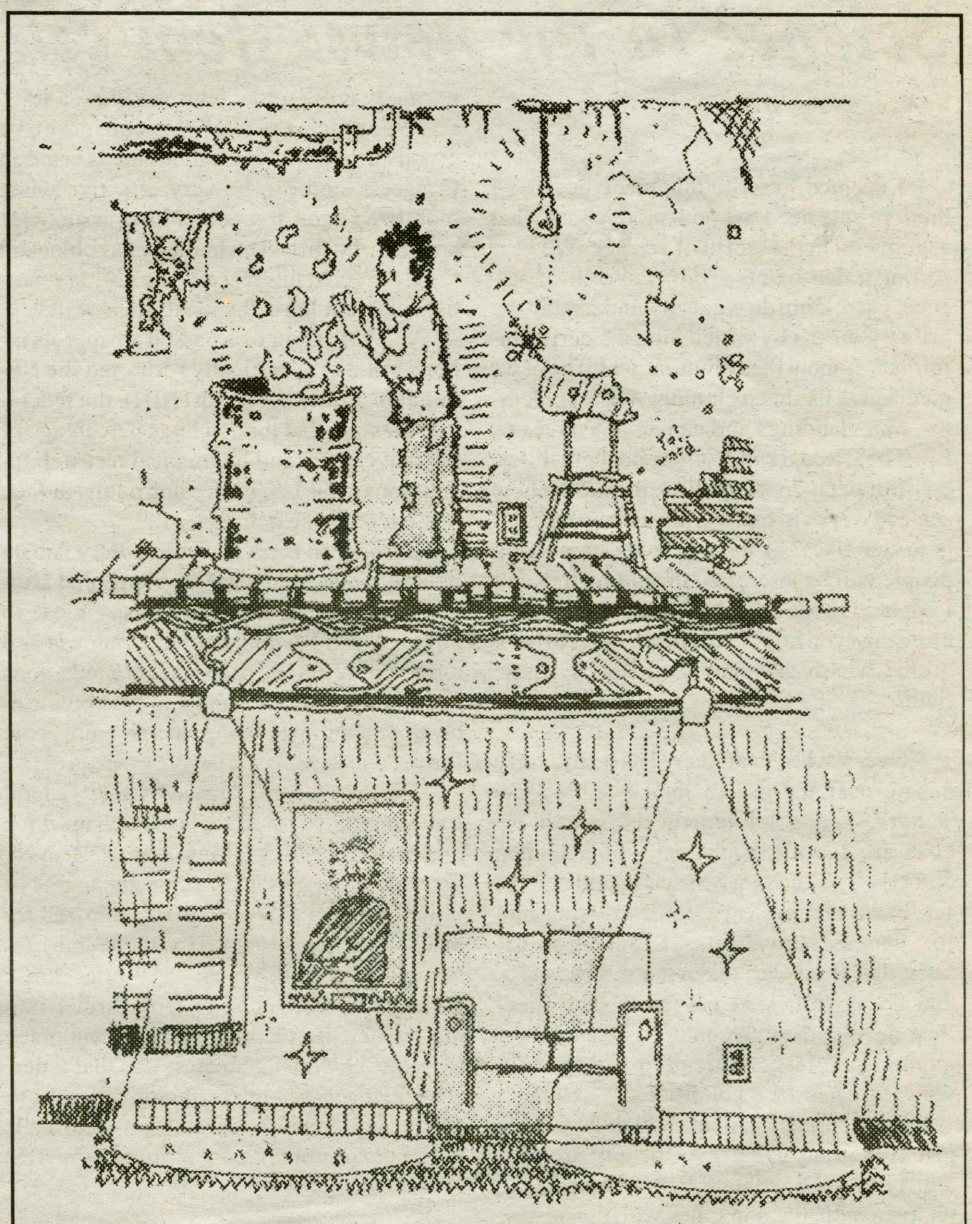
EDITORIAL

We feel the need to question the priorities of the Board of Trustees that led them to place the renovation of Dwight Lounge at the top of their list of projects to fund (see article on page 1). The renovation is based on "a desire for a formal meeting room to serve as an upscale 'showpiece' for the campus." This translates to a desire to improve Hamilton's image for the benefit of...who?

Certainly not the students who have already matriculated at Hamilton, only to find out that their new alma mater is suffering from a housing shortage. They probably aren't going to forgive and forget the lack of adequate housing here when they see stone fireplaces, oriental rugs and hardwood floors in a room that they are rarely, if ever, allowed to even set foot in. Nor are professors who have difficulties scheduling classes in rooms with sufficient audiovisual capabilities going to be impressed when they trudge past the electricians at work in Dwight Lounge on the way to their temporary classrooms on the third floor of Bristol Campus Center. The project is certainly disheartening for those of us who labor in service to the community on the floor above Dwight Lounge in the Student Media Board offices with leaky windows, condemned photography darkrooms, and all the aesthetic qualities of a mental asylum.

It is apparent from the contrast between this new facility and those that are used every day by the students and faculty of Hamilton that the proponents of this project failed to consider the immediate needs of the college community. Rather, this space is only useful as a tool for impressing outsiders who visit, but do not consistently use, Hamilton's facilities. At best, this project might encourage alumni to continue their support of Hamilton because they are impressed by the entertainment they receive in this swanky room. Prospective students may also be encouraged to attend Hamilton by virtue of this new facility. This strategy, however, appeals only to the least discerning and most superficial of alumni and prospective students.

Although this strategy may seem appealing and even economically efficient in the short run, every good businessperson knows that sacrificing product quality to focus on public relations is good for stock returns in the short run, but that it eventually erodes the customer base of the business. Students who matriculate here on the basis of "showpiece" rooms like the new and improved Dwight Lounge and the dorm room that tour guides show off in South, only to be disappointed by a room in the Dunham basement, are not going to improve the ranking of Hamilton, numerical or otherwise, in the long run. The few who do take pride in such decisions will only live on to be ridiculed by their more consumer savvy peers who attended institutions with more practical priorities.



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LETTERS

Buy Pet Rocks Don't Rock Pets

Letter to editor:

A few years back, pet rocks were the "RAGE". A few people got very rich.

This year it's our hope pet bricks will stop an "OUTRAGE". No one will make a cent. It's simple. For $25, you solve your gift giving woes, and help solve a situation beyond most people's comprehension. Your donation will get a name permanently inscribed on a brick to be used in a humane rural animal shelter. The conditions some strays are kept in would turn any animal lover's stomach. Minimum expense, minimum effort to find owners, then off to animal research! We are going to change things!

You can help. For gift giving purposes, an attractive certificate is issued with each brick, and you will be notified of location, and encouraged to visit. To make the shelters self sufficient, they will be surrounded by beautiful bird and butterfly gardens, and offspring of the plants will be sold to visitors.

"We" are a newly registered, volunteer based non profit. Our name, Sadpig, is an acronym, designed to catch attention, and appeal to children. We are not sad, and have little to do with pigs. Don't let the fact that we are not 'local' stop you from donating. We are 'PIG' headed about changing conditions across the continent in the new millennium. We need your help now. God knows the animals need it. What better present for an animal lover? What better way to say "Merry Christmas"? For more info, visit http://www.sadpig.org.

Email barry@sadpig.org or send s.a.s.e. to Sadpig, 920 St David St. North, Fergus, Ontario, Canada, N1M2W3 .

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Shaken, not stirred: life on a different rock

They Call Him in Taiwan
Ben(ny) Zoll '99

You know, an earthquake is a lot like the Res Life decision. It takes away people's homes, comes out of nowhere, and leaves everyone in constant fear of aftershocks. Also, about 5 years after it happens, none of the kids have any idea what the hell all the old people are complaining about.

I suppose that many people may have made that analogy before, but there I was in good old Taipei on the 21st of September, and at 1:47 AM a 7.6 from Senor Richter made me think that I was going to die, and how. I'm teaching kindergarten over here, much to the shock and dismay of most of the responsible people I know in the States (my mother and a Signore Alfonse D'Mezzo Leonard). Recently, we've been singing a classical fav, namely "5 Little Monkeys Jumping on the Bed." And, during the earthquake, I thought there were about, oh, somewhere in the neighborhood of a thousand howling monkeys doing the Charleston on my bed. While I was in it.

When I had woken up fully, or as full as I get, my years of experience in Ohio and Upstate New York led me somehow to the correct conclusion that this was, indeed, a very real nightmare containing an earthquake. And yet, somehow I knew to get my recently graduated ass to a doorframe, because I think I heard once on Jeopardy that it's a safe place to be during an Earthquake, Meteor Impact, or when "That Guy" comes to visit.

For the next 30 seconds or so, I really thought I was going to die. The only other time this happened to me in Taiwan was when I got a ride from a local on a motorscooter. There are more of these little death traps in Taiwan than in the rest of the world, excluding maybe porn shoots in Italy. And here you see families of five climb on one, with their pet dog in the front basket. That was how most of the evacuating was done after the quake, actually. But to get back to my other near-death "scooter" experience, it started to rain on our way to wherever we were going. So at the next stoplight, we jumped off the bike and he opened the seat to remove two shapeless pieces of yellow. Ponchos.

So I struggled to pull mine over my helmet and other appendages whileseated on the back of this bike, and then, horror of horrors, the light turns green and he goes. So my field of vision consists entirely of sunny yellow plastic while I try to hold on with one hand and pull this cursed poncho over my head, and then, to spice it up a bit more, his bike gets a flat. Both of my hands immediately grab the sides of the bike, leaving my eyes to wonder which unseen Chinese motorcycle will be squashing me to death. Because all that I still could see was yellow. Of course he pulled over, leaving me to experience something even more frightening, a 7.6 earthquake.

Granted, the earthquake wasn't 7.6 here in Taipei. Something in the middle fours, I think. Which was disconcerting, because during some of the stronger aftershocks, including a 6.8, the Taiwanese don't bat an eye. Just the other day I was in a bar when a 6.5 hit, and these guys kept playing pool, while the balls were still rattling around on the table. Here I am, holding onto, well, whatever I could find at the time, probably a mug of Taiwan beer or an ashtray, and these guys are talking about who's advantage the earthquake played out to.

But I really shouldn't talk about the earthquake that much. There's so many other dynamic things in this seismically dynamic country. Like heat. Just recently the weather turned "cool" and I found myself wearing pants and two shirts. Then, after I pulled out an abacus and did a little conversion to Farenheit, I found out that the "cold" weather was about 75 degrees. Which does feel cold after you've been stuck in an oven set on "Hot and Shaky" for about 2 months.

Especially when you teach Kindergarten. The energy level that Children possess on a Friday afternoon could power a third world nation if someone could create a "screaming" turbine. The life that the kids suck of out me would thin me up if it didn't also require a large amount of liquor to forget about the "test" that they forgot about. Yes, I said test. The Taiwanese love testing their Children. We have math class, science class, and "Playground 101". Playground 101 consists of children teaching themselves how to attempt to escape as well as learning how to become as dirty as possible in the 10 seconds that teacher took to watch the scooter accident.

But except for an incident with little Willy and Teacher's Nerve Tonic(thanks Stevie, the Tonic got through customs), and the event now know as the "Jeffrey's Bathroom Aftershock", the kids are all well behaved and would probably pass a health inspection in Mexico.

So I bid adieu to everyone on the hill as I'll probably end up
kicking the bucket here from a Typhoon, Earthquake, Mudslide, or drinking binge in the next few months.

PS-The Taiwanese are getting better housing than we are, guys. Also more options, most of them seismically tested.

An ode to a flickering vibe

To Hamilton students, faculty, staff, and administration,

Maryland is quite a long drive from Clinton, about 6 hours if you're really flooring it. So two weeks ago, after a weekend visiting friends at what now has frighteningly become my alma mater, I cruised back home down I-81 listening to tunes and thinking about what I had witnessed. Now I call myself a writer, and even after much thought I could only come up with one word to describe the "new" Hamilton: lame. Not "lame" as in the dude-speak word used to describe unappealing things, but "lame" as in an injured horse, limping toward the finish line, shortly to be taken out of its misery in the stable.

not@ hamilton.edu
Peter (Buddha) Gaston'99

I never expected the attitude to change so drastically in such a shortperiod, but perhaps the mood began its shift while I enjoyed my senior year living downtown without spending much time on the hill. Regardless, I found Hamilton to be void of the vibrancy and life that attracted me there almost five years ago, whatever it was that made me decide to attend a college that no one from my high school and very few people from my area ever even considered. I never based my decision on any tangible element of the school. It wasn't the reputation, or a certain program, or a sibling, or a friend. It was merely a vibe, a sort of irreverance and panache.

Many of the people I came to visit that weekend have that vibe, or at least they had it once. Unfortunately, in the past few years, a frightening process has been taking shape, a sort of sterilization of the campus. At one point, I would have called it intentional on the part of the administration and trustees, but that's not the truth. Quite honestly, aside from one severely demented decision in 1995, the trustees simply want to improve the academic reputation of the college, and who can blame them for that? However, their methodology is all wrong. Hamilton has been overrun by quiet, cookie-cutter, top-fifteen-percent-of-their-class, boring people. And I don't mind saying that, because nothing aside from due dates and blue exam booklets seems to bother these people. What Hamilton lost was that cocky bar-stool intellectual, the demented sculptor, the deviant genious.

Of course, some filter through the cracks and end up stuck at Hamilton in a world of dullness. The Saturday night I was in Clinton, I remember the hordes of John Deere cap-wearing, bandanna-toting kids who descended on the VT when the Farm Party got broken up, and then I read the article about the debacle in this newspaper. It made perfect sense. Administrators take note: why do you think people were crawling through the windows and jamming the doors to enter a drab conference room full of sweaty people and beer-soaked hay? Because there's nothing else to do! These people are stuck in a place with no action. So anyone who's remotely interested in enjoying themselves in college (because it certainly isn't as much fun out here), especially those under 21, are left without any options. And then you bust up the party, probably the only one schedule for weeks, and make everyone more miserable than they already are? I never saw a party, Bundy or otherwise, busted up at Hamilton, even the one with the strippers!

So what's left? I heard that people are driving off into the wilderness to some locale called the Cranberry Bog, which sounds to me like the inside of a toilet after having too many vodka-cranberry cocktails. So hence, more drunk driving. So now our good friends in the KPD set up roadblocks. People are scared to go out. Aside from those living downtown, everyone else seems to be holed up, lame in their stables. And then the rest of the horses won't run, because there's just no one to run with.

Hamilton provided me with a solid education, but more importantly it served as the backdrop for so many valuable life experiences, so many lessons learned by going out, having a good time, chatting with people, experimenting, and, yes, drinking. Young people will certainly continue to receive that education as the faculty are mostly wonderful and the small college environment will remain a positive place for learning to occur. Unfortunately, the social state of affairs reminds me of something an often-misguided Spectator columnist, Owen Grant, wrote while I was Editor-in-Chief: "Is this a college or a boarding school?" Frankly, right now, with students trapped in dorm rooms with nowhere to go and nothing to do, it's impossible to tell. Put that in the admissions propaganda.

Spectator Top Ten

Top 10 Reasons why the Rok is better than the VT

10. Trash can get into the Rok
9. None of that circular bar crap
8. Wednesday Nights
7. Pete and Nate live upstairs
6. Credit Cards
5. Don could beat up Jack
4. Sarge
3. No bathroom lines
2. It's darker and danker
1. Beef Jerky

Office Hours

Years ago, when I was a student, I thought that office hours were for those times when you really screwed up in a class and needed to beg for another chance. I went to class, kept up with my reading, and struggled through my papers and problem sets all on my own, or sometimes with the help of fellow students.

Professor of Philosophy Todd Franklin

Rarely, however, did I go to office hours. At the time, I believed that professors were these super intellectual beings who were pleased if you understood what they were talking about and annoyed if you didn't. With this in mind, I always envisioned office hours to be a frightening and belittling affair. You go in, you sit down, the professor looks up from their book, peers over their glasses and peevishly says, "Yes, what is it?" Nervous and extremely self-conscious, you stammer and stutter as you try to pose questions or ask for clarifications. Irked by your fumbling, the professor impatiently bellows, "Look, I don't have all day, what is it?!!"

Well, faced with the possibility of such a demeaning experience, the only way that I was going to go to office hours was if I needed a signature to drop the course. Looking back, it is this aspect of my college career that I find most disappointing. Ultimately, I did get over my office hour phobia, but unfortunately, it wasn't until well into my junior year. Once I did, however, I began to realize that my professors were much more interesting and dynamic than the monolithic talking heads I once took them to be. In fact, some of the most important and engaging people who have impacted my life were professors that I got to know outside of class, and in large part, through office hours.

Fast forwarding a number of years, I now find myself on the other side of the desk. Although I do enjoy sitting in my office with my nose in a book and pondering great philosophical issues and theories, I also take great pleasure in having an opportunity to sit down with students in a one on one situation to discuss and clarify arguments and ideas. As a professor, there is hardly anything more satisfying than having a student enter your office a bit confused or frustrated and leave with a much clearer and firmer grasp of the material.

Ultimately, though, I've found that the most satisfying consequence of office hours is that it affords me the opportunity to get to know my students as individuals as opposed to pupils. Sure, I'm interested in making sure that you understand the material that I'm teaching, but I'm also interested in witnessing you grow and blossom as a person, a person who not only becomes increasingly more successful in my class, but a person who successfully discovers and pursues his or her own path in life. So think about it-The next time you're having a little trouble in class, or the next time you just feel like you want to chat, do us both a favor and stop in for office hours.

What's Love got to do (got to do) with it

Sex as exercise gets a "thumbs up" from the *Spectator*. Unless, of course, one of those nasty little swimmers gets loose. Giving its Darwinian best, our little DNA submariner penetrates deep into enemy territory. Time is short in this hostile nonoxyl territory. His navy seal dive watch shows only 12 minutes left to accomplish his mission. He presses on. Ahead is the warm afterglow, the target. Accelerate. Dive.

Old wine in new bottles Mackay Rippey

Close access hatch behind. His actions are sure, almost as if programmed from birth to do this job. Now just a little bit closer...attach securely to avoid hormonal countermeasures...SUCCESS! Given less than 1.5% chance of accomplishing his mission, our hero defies all odds, and omahg !, sex as exercise has morphed into its Evil Twin, sex as procreation.

After the initial terror wears off, more reasonable emotions take over, like panic. The first effect of the Evil Twin is loss of sanity, then loss of sleep, followed by loss of breakfast, and loss of figure. (I'm told by reliable sources the ankles are the first to go.) Of course these unwanted side effects of sex are heavily weighted toward the female exerciser which proves once and for all that God is a man.

Not forgotten, the male exerciser also must bear the consequences from his encounter with the Evil Twin. These scars are not physical. Many less sensitive persons deny the pain and anguish simply because it cannot be seen.

And men, even young sensitive articulate poets, have trouble locating the source of all real masculine pain—the Male Ego. Before those of you who are genetically incapable of this particular injury howl with laughter, I'd like to point out the permanently pained look on Hugh Grant's face. He's walking on the broken shards of his ego terrified that someone is about to crush the little that's remaining. Why else would the most eligible man in the world hire a professional exerciser?

Male ego deflation does not occur simultaneously with the woman's side effects. It occurs with the realization that he has been banned from the exercise league. Most men don't know that there is a secret web site for female exercisers which hosts a list of banned male exercisers. Because of the long standing gender inequity of exercise as procreation, Congress funded this web site. Women exercisers shun those men on the list as proof of their solidarity and to balance the scales of justice. (This women only site was hacked into for me by a disciple of Capt. Crunch.)

So gentle reader, if you must seek thrills, try eating a blowfish. If Mother Nature scorns your precautions, She will mercifully kill you.

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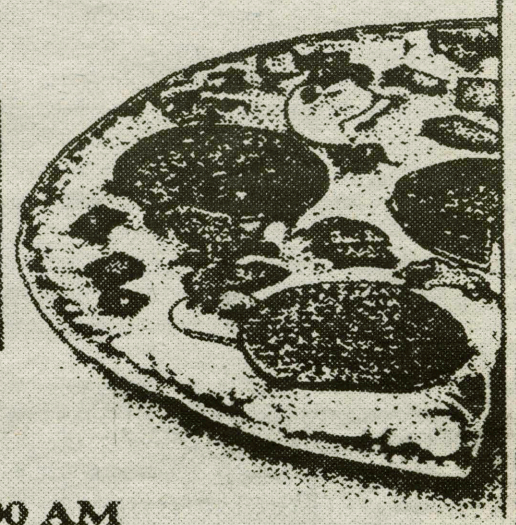

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THE HIDDEN HANDICAP

by Elliott Silverman '01
HEALTH EDITOR

"Why am I so down and tired?"

When a bone is broken, pain begins immediately. The locus of anguish is easily identifiable. One knows exactly what caused it, and that a visit to the doctor is warranted as soon as possible in order to alleviate the suffering. Depression, counterpoised to physical pain, is a biologically-based emotional affliction that may be easily excused as persisting times of unhappiness; it can slide by, undiagnosed, as a subtle cause for you to lie on the couch and feel too sad to even call your best friend. Depression is an unprejudiced biochemical and psychological process that is a serious concern for both men and women. You might not suffer from it, but someone you love may. Depression can steal the enjoyment one usually derives from life; indeed, making one feel as though ones very personality has been taken away and has been replaced by a shell of the person one once was.

For some, depression may have begun earlier in life and isn't recognized by the person as easily. It seems to them that the feelings were always there so they must be normal. Depression takes over emotions with nonsensical fears, feelings of isolation, sadness and lethargy. Small everyday chores become elaborate and trying processes; for example, taking a shower can become an ordeal. Concentration can fizzle, and it can make studying a new process of just trying to get to sit at a desk and open a book. One may begin to become afraid of leaving the dorm room because one feels that nobody likes them, or that one is too ugly or not good enough. Students may be told by parents, peers, and/or professors that they are lazy, stupid, or aren't trying hard enough in their classes, when what everyone overlooks is that the student is not lazy nor lacks proper motivation; the student may be experiencing real symptoms of a disease, depression, which is not one's fault, and it is time to see a doctor.

When a bone is broken one goes to the doctor to get help: surgery, a cast, a splint, or some sort of brace. But the mind produces perhaps more traumatizing and long-lasting painful effects. This pain, unlike the pain of a broken wrist, is not specifically located on one's body. It is instead diffused throughout the body by means of emotions stifling happiness and drive. While the brain and its effects are the most mysterious of the body, recent advances in pharmacologic medical treatment offer much hope.

Bruce Dobkin, M.D., Professor of Neurology at UCLA Medical Center, related the story of his brother Craig when he was in college. Dr. Dobkin said, "Craig's spells [of depression] continued in college, always hitting around the time of final exams. So in front of everyone who knew him and invisible to all, his mental energy fell each winter, his concentration faltered and his motivation toppled. This wave became part of his ordinary life, so regular that he never mentioned it to anyone." Dr. Dobkin, an expert in the field of medicine and neurology, pleaded with his brother to begin medical psychiatric treatment for what he recognized as depression. He said, "It's a biological problem, not something to simply talk out. Some brain mechanism is putting you through up and down cycles. You're very upbeat, but then you crash into depression. To you it seems like it comes out of nowhere, but it is triggered by some change in the chemical messages in your brain." But Craig dismissed the advice because he did not want to take medication and had faith in psychotherapy alone to treat this medical problem.

Dr. Dobkin understood his brother's decision because at that time in the 1970's, no one thought depression could occur to children of loving families. Dr. Dobkin says, "We know now that depression afflicts 12% of men and 25% of women. American businesses lose about $23 billion on lost work time and productivity from down and out employees. Few diseases other than cancer, stroke, and heart disease are that disabling."

According to many psychiatrists, regaining one's life is now a reality, though it takes about a month for some of the medications to work. There is no cure. Even with medication some symptoms may not be erased. Depression is most often a biochemical issue within the brain, and therefore must be treated with medication. It is an illness. Taking medication for it is nothing to be embarrassed about. It is no different than taking medication for diabetes and asthma.

FILE PHOTO

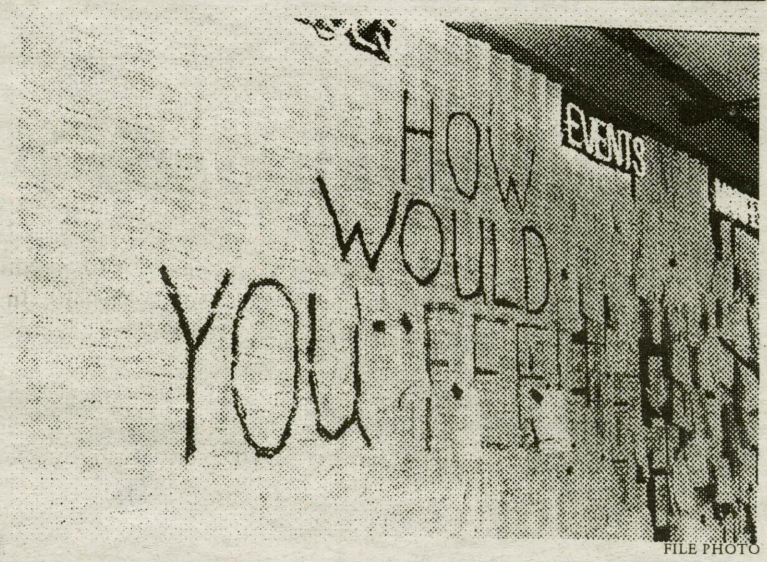
There are three main messengers in the brain: serotonin, norepinephrine and dopamine. In most cases it is serotonin that is either not being released in high enough concentrations or not absorbed adequately into the cells in the brain. Dr. Dobkin explains, "The messengers that have been targeted by drug therapies raise the brain's levels of serotonin and norepinephrine. The recurrent thoughts of hopelessness and of feeling immobilized in bed result from a biologically driven adaptation of the brain. It was as if a diabolical winter storm sent a wave of chemical ships crashing into the wrong ports of an emotional mind. The balance among the cells that maintain emotional equilibrium are episodically lost."

What is most difficult for a depressed person to understand is that the depressed state is temporary. Many think it will last forever, but with treatment most symptoms will go away like a bad bruise.

Depression in its worst stages can make someone feel suicidal. The Surgeon General David Satcher, M.D. Ph.D produced a vital report regarding the awareness and prevention of suicide in 1999 (U.S. Public Health Service, The Surgeon General's Call to Action To Prevent Suicide, Washington D.C.: 1999). The complete report can be found on the Internet at www.surgeongeneral.gov . General David Satcher, M.D. Ph.D, the U.S. Surgeon General, reports risk factors and protective factors for suicide. Dr. Satcher said, "If such lists are applied broadly, for instance in the general classroom setting, they may be counterproductive. In effect, indiscriminate suicide awareness efforts and overly inclusive screening may promote suicide as a possible solution to ordinary distress or suggest that suicidal thoughts and behaviors are normal responses to stress. Efforts must be made to avoid normalizing, glorifying or dramatizing suicidal behavior."

The Surgeon General clearly lists suicidal risk factors. Some examples are the following: isolation or a feeling of being cut off from other people, co-occurring mental and alcohol and substance abuse disorders, mental disorders, hopelessness, easy access to lethal methods - especially guns, unwillingness to seek help because of the stigma attached to mental and substance abuse disorders, and influence of significant people; for example family members, celebrities, peers who have died by suicide - both through direct personal contact or inappropriate media representations. The Surgeon General also lists protective factors combating suicide. They include: family and community support, easy access to a variety of clinical interventions and support for help-seeking, restricted access to highly lethal methods of suicide, effective and appropriate clinical care for mental, physical and substance abuse disorders, support from ongoing medical and mental health care relationships, learned skills in problem solving, conflict resolution, and nonviolent handling of disputes, and cultural and religious beliefs that discourage suicide and support self-preservation instincts.

The friends of people suffering through depression are invaluable. Make sure the friend gets medical help. Don't let a friend think drowning their sorrows in a bottle of alcohol is a step in the right direction. Alcohol is a depressant and is a terrible "self-treatment" for depressed people. Furthermore, alcohol is even life threatening to people taking anti-depressant drugs. It is wonderful to hear a person suffering from depression say "I feel better today," but do not let them rationalize that the good sign is a reason to discontinue their medicine without the advice from their physician. The common drugs for depression like anti-depressants and mood stabilizers are not like Tylenol in the sense that one takes them when they feel a need to and if the pain goes away then there is no need to continue. Anti-depressants are more like taking antibiotics or birth control - they must be taken regularly.



FILE PHOTO

Beating this disease and shedding the emotions and thoughts that have kept one in periods of deep melancholy is first accomplished by the recognition that something is wrong. Depressed periods are often periods of unexplained sadness or lack of drive for approximately two or more weeks. The next step to the route to recovery is to get to a medical doctor soon. The third step is to stick with the treatment. People suffering from depression should not be embarrassed to share what they feel with friends. The symptoms stem from a real disease, which is just as real as diabetes or a broken bone. Depression is a disease that can be treated very effectively. Everyday smiles and motivation are brought back to depression sufferers thanks mostly to the advancements in medications, and earlier recognition of the disease.

"Does my butt look too big in this?"

"Does my butt look too big in this?" one quietly asks his or her best friend before leaving the privacy of their dorm room. If the answer is yes, than one might have to join the majority of American men and women that are cutting down their daily eating and discovering the fun of certain types of exercise. If the answer really is no, and one is still convinced it is yes, the person should be aware of something that may be making them think poorly about his or herself. The worry may not just be about the buttock, but any body part that may be perceived as being seen by others, whether under clothes or not.

The syndrome is called body dysmorphic disorder or BDD, and can affect both sexes in almost equal percentages. BDD is a worried preoccupation about a nonexistent or minimal defect in physical appearance that seems not to go away even with countless reassurance. Ralph Albertini, M.D., Director of the Child and Adolescent Out-Patient Clinic at Brown University's Butler Hospital notes that BDD begins during adolescence and can cause depression, social isolation, academic impairment, and in more severe cases unnecessary cosmetic surgery, psychiatric hospitalization and even suicide attempts." BDD is not thinking one could look better or wishing one could have the "abs" like the person on the cover of Sports Illustrated.

In high school or college such a disorder can be even more damaging. Social needs and academic success go hand-in-hand and this disorder can suppress both of them at the same time. A student suffering from BDD may not only miss a party, but also a study session, and potentially their parents (and themselves) may be angered at poor grades that may ensue. Young people are not only dealing with their family and friends not understanding this, they are also encountering professionals that may misdiagnose them because BDD is not yet widely recognized. Dr. Albertini explains, "People with BDD often worry that others will consider their concerns superficial and vain, thereby making themselves feel worse for having the symptoms. and also because BDD sufferers are often reluctant to discuss their symptoms. Many suffer in secret and silence."

Although BDD is different than depression, treating it is very similar. The syndrome is considered to be a medical problem. Its first line of treatment is through medications. The medications are primarily serotonin reuptake inhibitors (SRIs) that work to try to correct the lack of the neurochemical serotonin that is thought to be deficient. With such treatment Dr. Albertini noticed, "It becomes easier to be around people, attend classes, and have more normal social life. The anxiety, depression, and suicidal thinking that can occur with BDD also diminish. There is often improvement in body image and self-esteem as well." Treatment often takes months to work, but often much less than the recovery time from cosmetic surgery.

Friends or family of BDD sufferers should not argue with them when they don't believe the reassurances, nor should they support behaviors that stem from the disease such as buying new clothing to hide the body part. Simple reassurance is not effective, but helping them participate in academic and social events is. Dr. Albertini advises, "Remind the person that the focus is not going to be on them and that once fears are faced they often diminish." Help them to get to professionals with expertise in BDD and/or OCD by explaining to them that it will assist them worry less, and function better. Katharine Phillips, M.D. has written the most comprehensive source targeted to the public in her book, *The Broken Mirror: Understanding and Treating Body Dysmorphic Disorder*, Oxford University Press, New York 1996. Dr. Ralph Albertini and Dr. Katharine Phillips have written an article with more information, including a BDD questionnaire to see if anyone fits the symptoms. This article is published on the Internet at www.worldcollegehealth.org .

For more information consult your personal physician, The Hamilton College Psychological/Health Services, www.worldcollegehealth.org, *The Broken Mirror* by Katharine A. Phillips, M.D. (the most comprehensive book on BDD), www.ocfoundation.org, and *The Unquiet Mind* by Dr. Kay Jamison (an excellent book about depression and bipolar/manic depression).

Kenya has much to offer in 2000

by Amanda Daflos '00
VOICES FROM ABROAD EDITOR

Kenya, Africa-a place that seems so far away, so distant from this Hill that we live on, a place some of us have always hoped to see and smell and hear and learn all about at some point during our long and winding lives.

PHOTO COURTESY OF NEWSMAKERS.NET

Well, my friends, it seems that time will be coming soon, at least for twelve lucky students who will travel to Kenya for three weeks during May and June of 2000. Assosciate Professor of Government Steven Orvis will be conducting a three week, half-credit field school in Kenya which will study the contemporary political, economic and social issues that face Kenya today.

The group will visit Nairobi, where they will meet with members of NGO's (non-governmental organizations), members of parliament, lawyers, journalists and other select members of the commùnity. In Mombasa, students will have the opportunity to meet with human rights activists, look at Swahili poetry, visit a wood carvers cooperative and see the sights of a coral reef. Additionally, students have the amazing chance to spend 4 days living with a rural family while working with a women's environmentaland political group.

And, last but no least, students will voyage out to the "safari" in the Rift Valley where they will study environmental issues and the tourism industry's effect on the environment.

The field-school program has been modeled after the many programs that take place in the science department. It aims to give students the chance to see all that they have read about and bring the actual country of Kenya to life for the students. In order to be a part of the field-school program, students must enroll in the half-credit Seminar on Contemporary Kenya which will be offered during the spring semester. This class will enhance student's knowledge of the nation and serve as a primer for the field-school. Together, the class and the field school will give students one credit.

This class is open to all students but enrollment is limited so that admission will based on students background and interest in Africa. The cost of the trip is currently estimated at $2,200 which includes round-trip airfare from New York as well as in-country costs (excluding personal souvenirs and purchases). Additional funding will be provided by the generous Arthur Levitt Center for Public Affairs. Financial assistance is available to those in need. Students who wish to learn more about the course should call Professor Orvis at X4310 as soon as they have completed reading this article as the deadline for expressing interest and submitting your name for consideration is MONDAY, NOVEMBER 1. Tons of students have already jumped at the chance to say, "hey, I want to go!"

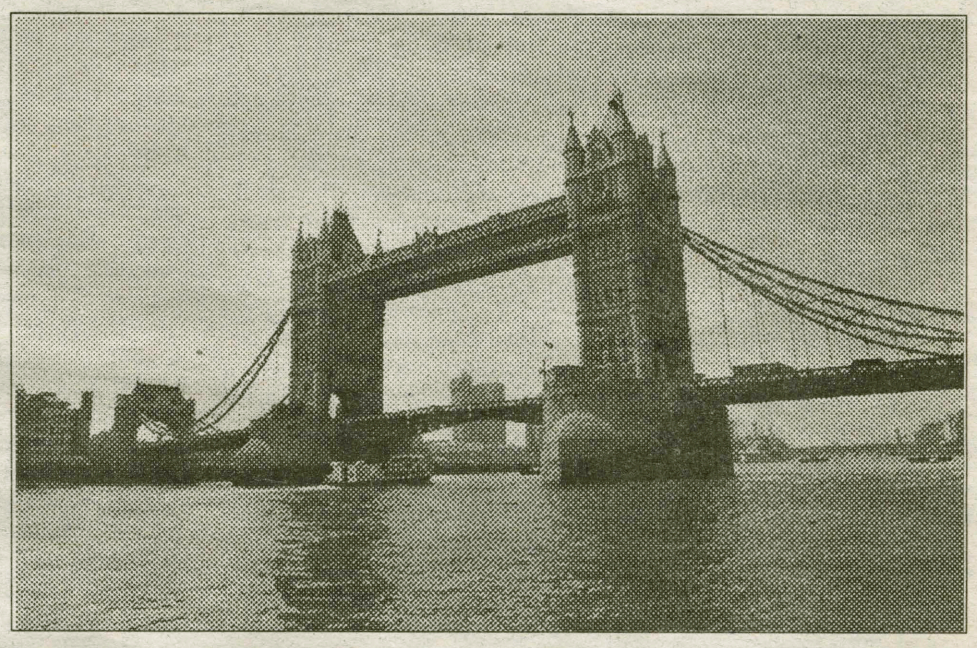
Now, take your turn. Find out more.

Class includes trip to London

by Amanda Daflos '00
VOICES FROM ABROAD EDITOR

Guess what! You can go to London with two of the coolest Hamilton College professors and your class and get credit for it all. How about that? Bet you're interested now, eh?

Well, listen to this. Kevin Grant of the History department and Patricia O'Neill of the English department are offering a new class next semester called, "Cultures of Empire." It is an interdisciplinary course that examines how the experience of empire has shaped British national culture since the late eighteenth century. The course will provide a survey of British domestic and imperial history as well as examine the methods which literary scholars and historians bring to their studies of the past. The course will include close readings of literature and historical documents so that students can understand more about Britain's transition from and imperial nation into a post-colonial society.



Whew...sounds great but I bet you're saying to yourself, what about that trip to London you were talking about? Well, it's all part of the class you see. If you enroll for the lecture part of the class, which will take place in the basic Hamilton style classroom during the spring semester, on Tuesdays and Thursdays from 1-2:15, then you will be one of those lucky people who gets to hop on over to London during the first week of spring break where you will learn from the actual city and the actual sites.

The trip will offer students the chance to do several things from looking at the dynamic tensions between the construction of Britain's national heritage and the increasingly multicultural nature of British society to conducting exciting real, live, overseas research for the required independent research project. The trip aims to bring to life all that is studied while in the classroom here at Hamilton and will give students the opportunity to explore various museums, national sites, and monuments in addition to meeting with important, influential British scholars.

Sadly enough, the course is limited to only 20 students, requires one course in English or History and the consent of the instructors, so those interested should schedule a meeting with Professor O'Neill or Professor Grant before November 11. You will need to do this in order to find out all the details and get the required signatures before pre-registration. There is a $500.00 registration fee which will cover the costs of airfare from New York to London and housing once in London. Keep in mind that students are expected to cover the costs of food and other personal expenses. Other costs will be covered by a generous grant from the Levitt Center. If you don't think you can cover the fees, the Levitt Center is prepared to accept applications for financial assistance.

The trials and excitement of being an OPIC intern

by Erin '01
SPECIAL TO THE SPECTATOR FROM WASHINGTON, DC

This was both a demanding and rewarding week at the Overseas Private Investment Corporation, as the fiscal year ended on September 30. Fortunately late Thursday night, Congress passed a Continuing Resolution that extends OPIC's authority until October 21. In addition to the anticipation of Congress' decision, we finalized plans for a new project in Armenia. The signing of the agreement, which allows the Marriott Corporation to renovate a newly privatized hotel in the region, coincided with the Prime Minister's visit to Washington, DC. Although the Prime Minister didn't come to the signing, he sent one of his ministers of finance. There was, however, some conflict surrounding the situation because the Prime Minister was elected as a labor candidate. He was reluctant to publicly support the project, meaning attend an official signing at Capitol Hill and do a photo shoot, because his party fears that the project will create jobs for foreigners rather than for deserving Armenians. Under pressure from President Munoz (of OPIC), the Prime Minister fin
ally sent someone in his place as an act of good faith.

During the week, I conducted my regular activities of researching and preparing marketing materials. We\rquote ve been indexing and preparing numerous documents, such as profiles of environmentally sensitive projects, GAO reports, and examples of how OPIC supports US franchise expansion abroad. These documents will be sent to the Appropriations Committee as a reference tool to be used on the floor during debate concerning OPIC. I also edited a Hammer Award nomination, which detailed small business successes at OPIC during 1999. My research revolved around two pieces of legislation: preparing an overview on the HOPE for Africa Act and finding more information about the Transit Act concerning grants for metro improvements.

Some notable social opportunities came about as well. First, OPIC sponsors a lunch speaker' s forum on a bi-weekly basis. This week, Patricia Ellis was scheduled to speak, but she cancelled at the last minute. Everyone had already assembled in the room for her speech, so the director of protocol passed along Mrs. Ellis\rquote apology, and our executive vice president gave a overview of what's new at OPIC. Then, he encouraged people to pull together tables and stay to eat lunch with one another despite the cancellation. Afterwards, he sat down at what we had declared as theIntern Table. We'd just previously finished a conversation about how we were " stuck" with one another because we weren't useful to anyone else, in the sense of a useful contact for networking. Mr. Robertson, the vice president, began asking us all questions about school, classes, our work, and he offered insight on OPIC. Although he's a political appointee, he made a plug for civil service and how the government desperately needs bright, dedicated workers. He explained the Presidential Management Intern program for students pursuing grad work. Presently, OPIC has 2 PM's. I was flattered that MR. Robertson chatted with us despite our position at the bottom of the fairly hierarchical structure at OPIC. He encouraged team work and comraderie, which shows that he' s not part of an isolated, elite management.

Secondly, we had an intern coffee hour on Friday morning. Most of the interns at OPIC are graduate students, so it was a great chance to see what paths people pursued after college and how they got to the position that they are in now. Nearly everyone whom I spoke with had worked in both the public and the private sectors. Strangely enough, most people felt that public sector work was more challenging and stimulating. That really surprised me, because I used to think of government work as frustrating, often "paper-pushing work" that does not offer much satisfaction. The interns, however, offered a new perspective.

A Raver's Delight-Fatboy Slim in Toronto

By Dan Reitman '01
Music Reviewer

Who (besides this writer) would have known that Canada was good for something other than grade-A igloos and fodder for American ignorance? Count electronic music as one of Toronto's pluses.

This past weekend, after months of anticipation, I finally had the chance to catch a live DJ set by the Big Beater from Brighton himself, Norman Cooke, a.k.a. Fatboy Slim. Big Beat, as we all know, is the intelligent dance music that fuses hip-hop with 60's acid rock. Think Louie-Louie with a bass line provided by Public Enemy. After hearing the first tweak scratch, it was evident that the 5 hour drive to Canada's metropolis was well worth the trouble to catch this master tuntable-twirler. The venue was The Warehouse: a giant hangar across from Toronto's harbor. The city's ravers were out in full form. As were the goths, the skaters and the rest of Toronto's nightcrawling community.

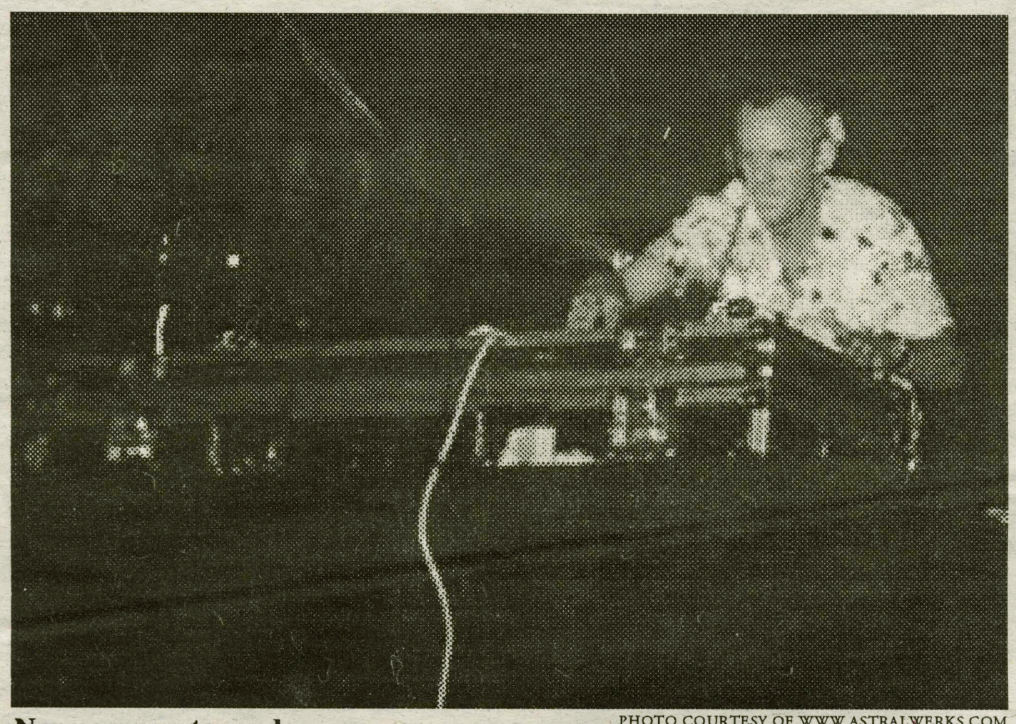
The opening set was DJ Touche, one half of London dance music outfit, The Wiseguys. You knew he was down to some kind of funk when he arrived on stage with his trademark look: vintage leather jacket, orange specs and English driving cap. Touche's intro might have been the highlight of the night, making full use of his vocoder (think Speak-And-Spell) coupled with a scratch here and a fade there. Sampling everything from Grandmaster Flash to Daft Punk and even the Superman theme, it was clear that while Fatboy Slim had the staggering record collection, Touche had the skills in spades.

After the crowd was sufficiently riled up and -er- lubricated (there were several cash bars within the facility, as well as that tell-tale smoke wafting about), the balding Norman Cooke hit the decks. On the decks for a solid 2 hours, It was a treat to hear a genuine DJ set. That is, Slim was cutting orginal beats rather than simply rehashing his chart-topping tunes. The climax of Slim's set had to have been the cut-and-paste of the croud-pleasing "Rockafeller Skank" with Eminem's "Slim Shady".

Taking a break from the dance floor led me to the chill-out room, which only opened after fatboy slim began his session. The room was, in a word, cool. Everything was orange and curved. The ambience was relaxed but surreal. It was a proper chill-out room.

With all my enthusiasm, one might think this concert was without flaw. If only this were true: while the music was terrific, the crowd was less so. Specifically, the miscreants who were waving lightsticks . Get a few of these babies flying around your face for two hours and you too shall find their novelty wearing off.

Light sticks aside, the concert was excellent, and well worth the haul north of the border. It was a great showcase of the talent behind the hype that now surrounds electronica. The fact that these musicians don't sing a tune and let their skills do the talking is refreshing in this industry of inflated egos lacking substance. Catch these guys if you can.



Norman goes to work

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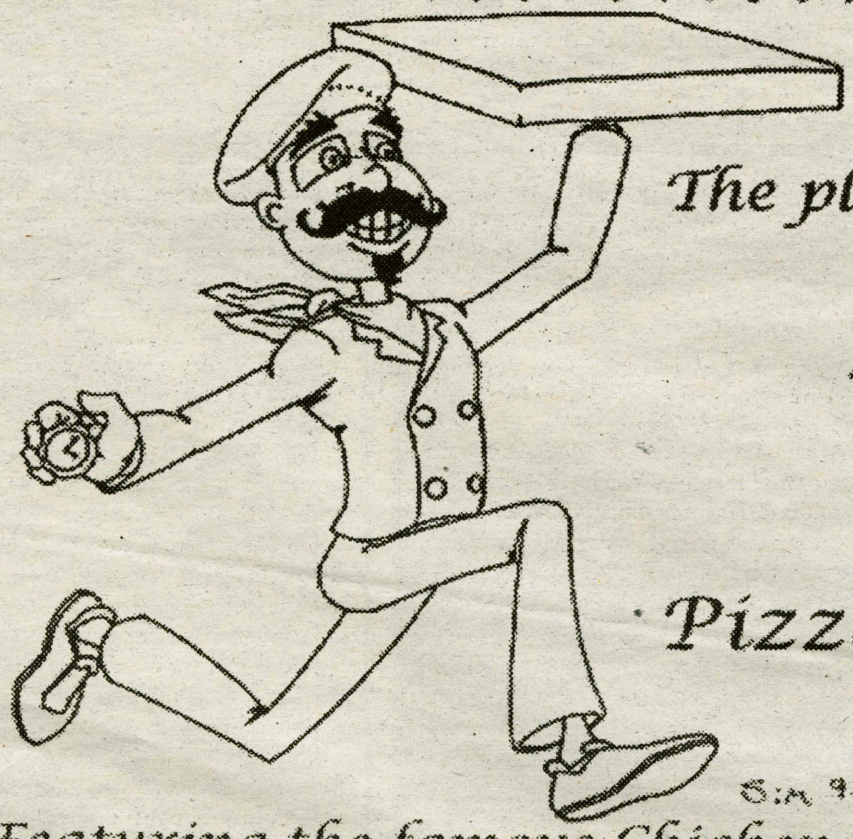

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Individuals rule the day as women's X-C competes in Cornell meet

by Michael Everhart '02
SPORTS WRITER

The women's cross-country team competed last Friday in an unusual Cornell Invitational in which there was no team scoring and the runners had the chance to run two distances: the standard 5km and the shorter 2 miles.

Coach Ellen Hull described the meet's format in the following manner. "This past weekend's races were a little different from the rest of the season," she said. "There were two races for the women: a two mile & a 5000m. I split the team up according to their individual needs. Team scores were not a factor."

Sophomore Maggie Hanson again finished first in the two mile run in a time of 12:14. She said, "The Cornell Meet was cold and rainy, but it got our legs moving in preparation for the upcoming NESCAC meet (on our home course)." Senior co-captain Lesley Vars and freshman Sara Roitman finished sixth and eighth, respectively, in times of 13:16 and 13:24. The freshmen quartet of Greta Geer, Rachel McGuckin, Andrea Stroud, and Meagan Burke finished twentieth, and twenty-fourth through twenty-sixth, in times of 14:44, 15:26, 15:55, 16:18. Sophomore Kelsi Backus rounded out the team with a twenty-eighth finish and a time of 16:35.

In the 5km race Hamilton's only two runners, sophomore Annie Toth and junior co-captain Emily Hill finished third and fourth in times of 20:03 and 20:05. Hill remarked, "The stormy conditions at Cornell got everyone's adrenaline flowing, and the infamous 'gorge' in the third mile of the race added another exciting element. It was a good mid-season race, where people could focus on their form or certain aspects of the race, because team score did not really matter." Sophomore Sarah Lichtenstein said that "everyone ran well at Cornell and I think it was nice to have a relaxed meet to get us ready for the more intense upcoming races."

Saturday's NESCAC Championships is the team's most competitive meet so far this season, and the team is very excited and looking to end its recent streak of disappointing finishes within the conference. Coach Hull said, "We are ranked third going into the race. There are several nationally ranked teams this weekend: Middlebury (2nd), Williams (7th), Hamilton (15th), Amherst (17th) & Colby (top 30). The meet will be very close among the top seven teams."

Because the meet is here and none of the other NESCAC teams have seen the new course, Hamilton should have an extra advantage. Toth said, "The NESCAC is one of the most competitive in the nation, and we're all really excited to be ranked third among the 11 teams. With home course advantage, I think we'll have some surprising performances this weekend."

"I think that NESCAC's will be really exciting. Middlebury is favored to win, however it should be really close between Hamilton and Williams," Vars added. "We barely lost to Williams early in the season; hopefully we can beat them this time."

Williams finished second to Amherst last weekend by one point, but its top four runners were inactive; Wesleyan finished a distant third. The only other NESCAC team that the team has seen this season is Conn. College on September 25th, who has the only runner, Maura Danahy, who has beaten Hanson all season. Conn. as a team, however, was not a formidable foe.

Hanson remarked that "We're ranked third this year, and hopefully Hamilton can make a name for itself as one of the top teams in the conference. Everyone come and cheer us on!" The meet is at 2pm tomorrow on the golf course.

Soccer prepares to close out season

Men's Soccer continued from page 14

led to an opportunity for Colby's best attacker. With a powerful kick, the ball barely squirted by Hamilton keeper Doug Bellard '02, and the game ended with disappointment.

However, there were many positives from the game. The team was able to play extremely close to a strong and fast Colby team without Peter Bellard, and showed grit and determination in never becoming discouraged. Furthermore, the players were able to get the support they have deserved all season from the raucous parents-weekend crowd. Tri-captain Sam Jackson commented on the support, saying, "I think the crowd was really key today...perhaps the biggest crowd during my tenure here."

With two games remaining, the Continentals can still finish second in their conference with their win over RPI this past Wednesday. Furthermore, playing virtually pressure free soccer, the four seniors on the team, McCann, Jackson, Bellard, and defensive captain Sean Donohue, can enjoy their final collegiate games, and impart their accumulated knowledge to the younger players on the team. As Jackson said, "The pressure is off now, and maybe we can enjoy ourselves and play looser, and hopefully win these last games."

Indeed it would be a fitting way to end a difficult season if this team, which has played well so consistently, was rewarded with some good luck for a change. This team has shown it can play with the best, and has given its fans an exciting and inspiring season. Although the Continentals will not finish the season with a winning record, they have played very hard all season.

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Colby defeats men's soccer team 2-1 in OT

by Andy Horner '03
SPORTS WRITER

As the cold mist slowly drenched the 200-plus people gathered on the sideline, many could be seen rubbing their hands together and stomping their feet in order to generate some warmth. However, not a single fan was to be seen leaving, or indeed, looking anywhere other than at the epic struggle occurring in front of them on TDX field.

The Hamilton students and parents had assembled to see a great soccer game, and that is indeed what they got. Unfortunately, the ending was a heart breaking one, with Hamilton dropping a 2-1-overtime decision to the White Mules. However, a soccer fan would be hard-pressed to find a more competitive and exciting contest.

Playing without tri-captain and senior defender Peter Bellard '00 because of his five yellow cards, the Hamilton defense was without one of its most outspoken and determined leaders. The regular defensive core, including defensive captain Sean Donohue '00, Art McCann '00, Dave Bugliari '01, and Huy Huynh '03, was able to step up and play brilliantly for the vast majority of the game. McCann especially raised his level of play, and helped tri-captain Sam Jackson take control of the tempo of the game after Colby's goal early in the first half. However, the Hamilton offense sputtered throughout the first half due to a combination of excellent Colby defense, poor luck, and awful field conditions. Coach Nizzi attributed much of the offensive trouble to "tremendous goalkeeping, and a distinct lack of luck." The soggy field conditions made crisp play impossible for both sides, and defense dominated through the end of the first half.

In the second half, the Hamilton offense came alive as attackers Ernest Kwarteng '02 and Dimitry Maurice '03 used their unstoppable speed to create chance after chance. The crowd roared its approval as the quality of play by Hamilton improved dramatically. Thus with just under 2 minutes left in regulation, and the Continentals down 1-0, the stage was set for something magical. And magical it was. Off a beautiful pass from Kwarteng, Nick Wilson '02 buried an excellent shot in the back of the net to tie the game. Coach Nizzi praised the play of Wilson not only in the Colby game, but all season, saying, "Nick has really stepped up...especially in the last two weeks." The crowd went wild, and the game went to overtime.

However, in overtime, disaster struck. Although Hamilton kept the pressure on the Colby defense, one minor defensive mistake

Please see Men's Soccer, page 13

Ringel: Frank receiving unjust criticism from fans

I was offered a weekly column two years ago, but I turned it down. I never thought that I would have enough to say every week. It just seemed easier to write an article on a specific subject or sport (football or basketball) every week than to be creative and come up with ideas. But the Spectator sports section was somewhat thin this week, and the result is the following:

Message to Hamilton College alumni, students, and faculty: Leave head football coach Steve Frank alone. He has taken unfair criticism lately for the team's lackluster 1998 and 1999 seasons. The football team's problems run deeper than just poor coaching and Frank has suffered unfair attacks because of the 0-5 start.

Many of Hamilton's athletic teams struggle against other NESCAC schools. It is not just the football team. Frank's team should be 3-2 right now heading into a show-

PETER RINGEL

The Ringel Angle

down with Williams on Saturday. But when you have a young football team, every game is a learning experience. The Continentals have been victimized by the "big play" this year. For those that are not sports fans, the "big play" is a play by the opposition that tears your team's heart out. It makes them despondent and they cannot regroup.

However, lest we digress, Hamilton's athletic teams struggle in NESCAC play. Men's soccer lost to Colby, Middlebury, and Williams. Women's soccer lost to Colby. You would be hard pressed to find many Hamilton victories over NESCAC opponents this fall. I think volleyball may have beaten Connecticut College once, but that has been the exception for us, rather than the rule.

Frank has been plagued by injuries, a lack of leadership, divisiveness, opponents' "big plays", and sometimes the team has just been outclassed. It is painful to say it, but sometimes other teams are just better. And while that does not always satisfy alumni or fans, it is sometimes the truth. When a team is as successful as the Continentals were under the leadership of quarterback Dan DeBlois during the 1995, 1996, and 1997 seasons, it is very difficult when rough years occur. But it happens in every sport and it happens to every team.

0-5. The first and easiest thing to do is to blame the head coach. And listen, let's not be naïve-Frank is not blameless in the matter. He needs to shake things up and maybe experiment a little more with different formations. Should he give some younger players more of a shot to play? Maybe. At this point in the season, he might want to consider taking more chances both offensively and defensively.

When you talk about Hamilton's offense, the discussion ultimately leads to offensive coordinator Mike Davis. Davis has been coaching football for many years and has had a lot of success. Frank also has enjoyed success at Hamilton during his tenure.

Mike Davis. Steve Frank. Two men who have been second guessed a lot this season. However, when DeBlois was quarterbacking this squad or Eric Grey or Scott Milleisen were running circles around opposing defenses, no one ever questioned how the offense was run or how well the defense was performing. The problem for coaches occurs when their teams are losing. But that is where many people are missing the boat when it comes to Frank's coaching record.

I do not have all the answers, nor do I pretend to have them. I do know that between 1985 and 1996, Frank amassed a record of 53-42-1. Pretty damn good. Unfortunately, the Continentals have struggled during the last few seasons and suddenly every person is an authority on football coaching. But it is very difficult to watch a few halves of football and make blanket statements about what is wrong with the football program at Hamilton. In fact, it is impossible to watch a game on parents weekend or alumni weekend and think that you have all the answers to what is plaguing the Continentals.

"Murphy's Law" states that whenever things can go wrong-they will go wrong. Frank has seen his team be the victim of costly mistakes more than a few times this season. Defensive players have dropped sure interceptions that would have turned the momentum of a few games Hamilton's way. Turnovers have plagued Frank's squad, as have silly, mental mistakes.

0-5. No one is more upset by the team's struggles than Frank. He is a class guy who hates losing more than anyone. The fact that his team has played well in four of its five games this season and has yet to come away with a win disturbs Frank more than anyone else.

If most of his critics (and there are definitely some out there), could see the amount of time that he devotes to his players and to his team, they would realize the majority of their criticisms are both unfair and unjust.

And this brings me back to my earlier argument regarding Hamilton's athletic teams playing competitively in the NESCAC. There is no question that when Hamilton plays the Upstate College Athlectic Association (UCAA) in a majority of sports, its

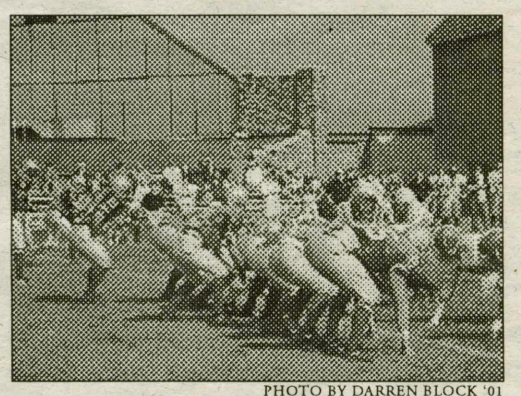

PHOTO BY DARREN BLOCK '01

Hamilton's offensive unit lines up for a play in a recent contest.

teams perform extremely well. But the Buff and Blue have not fared well in most sports when playing NESCAC opponents (excluding men's basketball and men's hockey) during my tenure at Hamilton. In some sports, our teams are competitive, but in others, they continue to work toward that goal.

Why is Hamilton not as competitive as it should be in NESCAC play? That question can best be answered in a future column. There are many possible answers to that question, and I am not sure that there is one definitive answer.

The bottom line is the football team at Hamilton is having a difficult season. It is not easy for the players, the fans, or the coaches. And I believe strongly that Frank's coaching is not the main reason the team is struggling. He is a solid individual who knows the game of football well and gives it his all every week. To blame this man or castigate him for the team's struggles is clearly misguided.

Beat the Experts

Each pick has been selected to win contest outright. *If any given game ends in a tie, that game is thrown out of the lineup. Beat the "Experts"* is by no means associated with organized gambling on professional or college sports. Whichever Guest Handicapper posts the best winning percentage during their week will be selected as *Hamilton's Athlete of the Week* (honorary) in the final issue of this semester and will be entitled to all the perks therein, namely an all-expense paid dinner with our devilishly handsome **Sports Editors, Peter and David, as well as his or her picture in *The Spectator*.**

Specially Selected Sporting Events	**Peter Ringel** *Spectator Sports Editor* **Last Week: 10-3 To date: 54-29**	**David Zane** *Spectator Sports Editor* **Last Week: 8-4 To date: 57-26**	**Riley Fenner** *Spectator Editor-in-Chief* **Last Week: 8-5 To date: 50-33**	**Lindsey Schantz Freshman** *Guest #8* Last Week's Guest: **Frank Vinci 11-2**
NFL				
Buffalo at Baltimore 10/31	Bills	Bills	Bills	Bills
Chicago at Washington 10/31	Redskins	Redskins	Bears	Redskins
Dallas at Indianapolis 10/31	Colts	Colts	Cowboys	Cowboys
Miami at Oakland 10/31	Dolphins	Raiders	Raiders	Dolphins
New England at Arizona 10/31	Patriots	Patriots	Patriots	Patriots
St. Louis at Tennessee 10/31	Rams	Rams	Rams	Rams
Tampa Bay at Detroit 10/31	Lions	Buccaneers	Lions	Lions
NY Giants at Philadelphia 10/31	Giants	Giants	Giants	Eagles
Carolina at Atlanta 10/31	Panthers	Panthers	Panthers	Panthers
Minnesota at Denver 10/31	Vikings	Vikings	Broncos	Vikings
Jacksonville at Cincinatti 10/31	Jaguars	Jaguars	Bengals	Jaguars
Seattle at Green Bay 11/1	Packers	Packers	Packers	Packers

If you think that you can beat these "experts," drop us a line and we will try to get you in. Write "I can beat the experts" on a piece of paper and add your name, then fold it and address it to the sports editor at *The Spectator*. Drop it in campus mail and if you're randomly selected, you'll quickly receive a form for you to make your picks.

Football suffers 48-14 defeat to Colby

by David Zane '02
SPORTS EDITOR

Family weekend is always an exciting time of the year as students have the opportunity to see their parents and spend time with them as they dine at one of the areas many fine restaurants. Hamilton's football team was hoping parents weekend would be just the right time to get back on the winning track against a Colby team that the Continentals matched up very well against.

The Continentals started out the game on the right track, scoring a touchdown on their first possession of the game. However, for the next three-quarters the White Mules scored 41 unanswered points. Nonetheless, head coach Steve Frank said, "At no time were we out of control of the game, except for the fact that we shot ourselves in the foot." What Frank is referring to is that the Continentals had punts blocked on two straight possessions, they were intercepted four times, and had two fumbles. However, the game was sloppy on both ends, with the Continentals causing three Colby fumbles.

Quarterback Robbie Peters '00 had his worst outing of the season, and probably of his career, throwing four interceptions while going 13 for 30 with 129-yards passing, including a 34-yard bomb to his speedy receiver Charles Martin '02, which set up the Continentals' score in the first quarter. Frank is going to stick with Peters, and rightfully so, as Peters is a three year starter and has put a lot of time and effort into the football program. "He is our leader, our quarterback, and he has been loyal to the program: He's still our guy," Frank said. Back-up quarterback Brent Lowinger '02

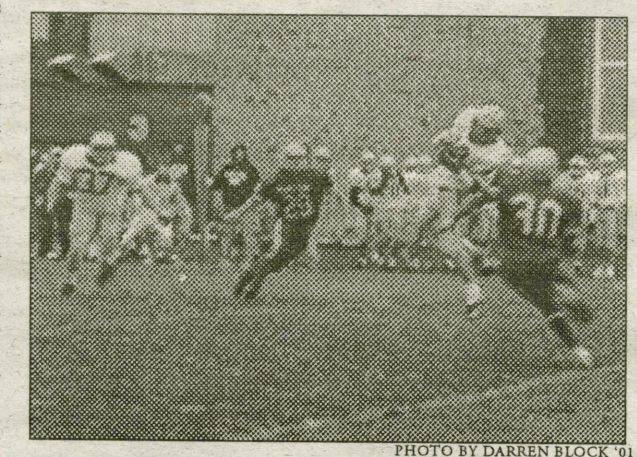

PHOTO BY DARREN BLOCK '01

Marcus Juba '03 and Michael Feuerstein '01 close in on a Colby receiver in last week's game.

did see some action late in the fourth quarter. Lowinger threw the ball well, completing two of six passes. The coaching staff was "very happy" with his performance and the opportunity to get him some experience at the varsity level.

The lone offensive bright spot was running back Chris McCarthy '02, who had 106 all-purpose yards. McCarthy saw a lot of action out of the slot position, perhaps due to the fact that Jay Morell '02 was not available because of a hip pointer he suffered in the loss to Bowdoin the week before. However, according to Frank, Morell has been practicing and is expected to be back this week.

Defensively, Ron Thomas '01, last week's NESCAC defensive player of the week, went right on with business with ten tackles. Free safety Thatcher Freeborn '02 had a strong game as well with a few big pass breakups to go along with nine tackles. Linebacker Harry Hristofortos '02 continued to improve this season with another strong performance at the linebacker position. Frank said of these individuals and their improvements this year, "We have had more individual improvement than team improvement this year, but this is a cause for lots of hope and promise for our program."

This week the Continentals will need a lot of team improvement in order to handle the Williams Ephmen. The Continentals head into this weekend's game against Williams as heavy underdogs. The Ephmen are the strongest team in the conference and they present a great challenge to Hamilton. The Continentals will have history on their side, as Hamilton has beaten Williams more than any other NESCAC team in the past five years, besides Trinity.

US Open Champ Payne Stewart dies in plane crash

HOUSTON (AP) - The courtesy car set aside for Payne Stewart is parked in his spot at Champions Golf Club in front of nine bouquets and a pair of red roses tied to his nameplate. Vijay Singh came to the end of a long and strangely silent day at a tournament that usually is one of the most festive on the PGA Tour. He put his clubs in a car parked next to the unused vehicle belonging to Stewart, then stared at some of the messages attached to the flowers.

AP PHOTO

Payne Stewart celebrates his US Open victory.

Without a word, Singh seemed to echo what Tiger Woods quietly said earlier.

"It's hard to believe he's not going to be here," Woods said.

Stewart's memory was a driving force Tuesday. Walking the fairways while playing with four amateurs, Woods said he saw flashes of Stewart. Phil Mickelson saw a picture of the U.S. Open champion on a Jumbotron next to the driving range and stopped to watch.

The day after Stewart was among five people killed when a Learjet soared uncontrolled across the heartland of America before crashing in South Dakota, the 22 players who showed up at Champions tried to seek therapy by playing golf.

Under normal circumstances, this would have been a glorious day. The sun was shining bright in a blue sky, the breeze barely a trace.

"A dreary day," said John Huston, summing up a somber mood as the players tried to cope with the shocking death of the 42-year-old Stewart.

Flags were at half-staff. Smiles were hard to find.

Woods felt a void when he watched the developments unfold on television Monday. It hit him even harder when he flew to Houston that night and picked up the pro-am pairing.

His tee time was 9 a.m.

The slot below, which once held Stewart's name, was blank.

"That was a rude awakening," Woods said. "You think that hopefully it was a bad dream, a nightmare ... but unfortunately, it came true."

A memorial service for Stewart will be at 11 a.m. Friday at the First Baptist Church of Orlando, Fla. The PGA Tour altered the schedule to give players a chance to attend.

The Tour Championship will begin with 27 holes on Thursday, have another 27 holes on Saturday and conclude Sunday with an 18-hole round.

"The tournament should go on," Woods said. "But obviously, it's not going to be an easy week. It's going to be tough."

"It is just a matter of dealing with it and coming to the peace and understand that he is in a better place right now," Wood said.

The Tour Championship is one of the best events of the year, a festive atmosphere for the top 30 players on the money list.

The flags were a constant reminder how real it was. If that wasn't enough, PGA Tour officials were making black ribbons for players and caddies to wear as a tribute to Stewart.

"It's hard to think about playing a tournament," Huston said. "It doesn't seem worth it."

DU and TDX to meet in Championship

by Ned Winner '00
SPORTS WRITER

Flashback: A cold, rainy Sunday afternoon in early November, 1997. TDX senior linebacker Graham Parlin appears to sack AD quarterback Sammy Richardson on the final play of the game. However, no whistle is blown, and Richardson finds a receiver in the end zone for a last play victory. The semi-final victory propelled AD to the championship game which they eventually won. In the '98 Championship game, TDX's season came to an eerily similar and equally heartbreaking end as AD receiver Karl Knight scampered into the endzone with the winning touchdown as time expired. Knight's touchdown crushed underdog TDX's dream of a championship season once again.

Such was the history behind Wednesday's semi-final matchup on Hamilton's fabled intramural fields. TDX set out to avenge two years of bitter playoff losses, while AD sought to knock down their arch rival once more. The hatred ran as deep as the mud. The first half was a true defensive standstill. AD captain Vidal Torres continuously broke through the TDX line to give quarterback Pete Montogomery fits in the backfield.

Torres' play inspired the AD secondary. Sophomore Henry Hornblower and junior Phil Miller, who was sporting questionable gameday attire, kept TDX receivers in check for most of the first half. Meanwhile, TDX's heralded secondary was playing equally well. Senior Matt Green had an interception, and Ned Winner notched his first career sack on a brilliantly executed cornerback blitz. The combined size of TDX's defensive linemen Evan Langfeldt, Greg Ernstrom, and Scott Nelson gave sophomore quarterback Steve Kenney something to think about, as he threw wildly for much of the first half. The half's lone score came when Montgomery connected with Joe Furst for six points.

Second half action heated up, as both the level of play and tempers escalated. Early in the half, Montgomery found senior Nate Delois in the endzone on a crucial fourth and goal play. Delois, who played last season in the Scottish leagues,was pleased with his first touchdown of the season. "I'm just happy to contribute. I know I'm not going to be a star on this team, but I play hard and fill in where I can." Dan Fallon made an impressive diving grab for the two point conversion. AD threatened on their next drive, but an inexplicable mental error may have cost them the game.

Kenney connected with Hornblower (who made an unbelievable catch) on a 50 yard bomb to get AD within scoring distance. However, the play was called back when it was realized that they were playing with only two linemen. The IM rulebook clearly states that in eight-on-eight play, the offense must have three linemen on each play. The call seemed to demoralize the youthful AD squad. "We're a young team, things like this will happen," said Torres.

"It's just a shame that it had such an impact on the game." Two plays later, AD was forced to punt.

TDX capitalized on AD's miscue on the next drive. Montgomery led the offense down the field, completing first down passes to Green and JP Leblanc. On a third and goal play Montgomery lofted the ball to Green in the corner of the end zone. AD defender Lupo Talamo went for the interception, but could only tip the ball in the air. Green calmly made sure his feet were in bounds as the ball stayed in his outstretched hands. The "Sportscenter" quality catch is Green's latest in a series of unbelievable plays.

When Montgomery hit Leblanc for the two point conversion, AD was all but buried beneath a 22-0 deficit. However, the action did not stop. Raging tempers nearly erupted more than once, as players from both teams had to be restrained. TDX special teams phenom
Matt Marsallo was ejected from the contest.

"It's too bad it had to come to blows," said co-captain Langfeldt, "But you have to expect it in a rivalry like this."

As Ned Winner picked off Kenney's desperation pass to end the game, AD was left with two harrowing realities: There will be no three-peat, and Sam Richardson is long gone.

On the other field, DU moved one step closer to their dream of a championship. Facing a high scoring DKE squad, DU's stalwart defense was once again superhuman. Senior Scott Barry added three interceptions to his league high, virtually assuring himself of the interception title. QB Cal Zarin was not at the top of his game, but his defense made sure that it would not be a problem. Josh Spanburgh dominated the defensive line, notching 3 sacks. As a publicity ploy, coach Danny Rafferty put Spanburg in at receiver late in the game. "The move was really for the fans," said Rafferty. Spanburgh was happy at his new position. "We had a couple of injuries [Jason Zwerner, strained right fibula], so I filled in where I had to. Today was fun, but tomorrow we have to get down to business. We have a lot of work to do before the Championship. TDX is a tough team. We're not going to plow through them like we did today." Don't expect Spanburgh to log in too much time at receiver against TDX. When asked where he would play the future Hall of Famer on Sunday, Rafferty smiled. "Spanburgh has made a living hitting quarterbacks, not catching passes."

DKE Quarterback Matt Williamson was named IM Player of the Week. In Monday's first round playoff action.

The Championship game will be played on Sunday, October 31st at 3 pm on the Intramural fields. Tickets go on sale Saturday at 10 am.

October 29, 1999

Spectator SPORTS

Champion at heart
Payne Stewart's tragic death 15

Looking for the crown
Women's X-C runs at NESCAC's 13

Field Hockey finishes season on sour note; team looks to next year

by Brett Zalaski '03
SPORTS WRITER

After a strong 2-1 start the field hockey team hit the skids at the midseason point and limped home to a 3-11 regular season mark and a 2-4 record in the UCAA.

The problem for the team down the stretch was not being competitive, it was about closing games out. The Continentals lost seven games by one goal this season, including two of which they lost in overtime. These heartbreaking defeats do give coach Karen Hollands hope for the future, as she said, "We played very hard all season long and it looks as if we are just one year away."

The team's offense was raised to an entire new level this season as the team doubled its scoring output from the previous year. The team was led in scoring by tri-captain Sarah Wald '00 (6 goals, 2 assists, 8 points), and Cristinna Freyre '02 (3 goals, 3 assists, 6 points). Also chipping in on the attack were tri-captain Kara Wilson '00, Jen Russell '02, and Colleen Trzaskos '02.
Goalie Lorena Gonzalez '02 was the defensive stopgap this past season. Gonzalez finished the season with an astonishing 211 saves, including an eye-popping 33 against Skidmore early in the season. "Lorena was phenomenal this past season," chimed Coach Hollands. Also playing well on the defensive side of the field were Courtney Higgins '03, and Emily Kiernan '03. Both freshmen started every game of the season for Hamilton. Tri-captain Weatherly Ramsdell '00 also did a good job controlling the midfield for the Continentals througout the season.

Despite the end of the year losing streak, Coach Hollands believes that the Continentals were in most games. "We had problems sustaining our attack for the entire game, but the offense was a definite improvement over last year, and we were in most games for the duration." The team is very young, only 3 seniors on the roster, and Coach Hollands does believe that this led to some communication problems, at least in the first half of the year.

Despite losing leading scorer Wald, top midfielder Ramsdell, and offensive stalwart Wilson, Hollands believes that she will return an experienced group of players. Obviously Gonzalez will remain inside the pipes, and another year's experience could make her the top goalie in the area. Russell, Freyre, and Trzaskos will lead the attack for Hamilton next season. Higgins and Kiernan will return to give the defense more experience. Coach Hollands also expects that juniors Rebeckah Iseman '01, Jenne Atherton '01, and Andrea Cecchinato '01 will all step up into leadership roles in the coming season.

Despite the losing record, there is a lot of hope that next season will be a good one in Clinton. With a plethora of solid players returning, and with the strong freshman class having a year behind them, all is in place for a solid season next year.

Women's soccer ends fantastic season

by Charles Spiliotis '03
SPORTS WRITER

Heartbreaking does not begin to describe the nature of the loss the Hamilton women suffered at the hands of SUNY Brockport on Tuesday.

The team, which has had one of its most successful seasons in recent memory, earned the number four seed in the New York state tournament, but fell in the first round to the fifth seeded Golden Eagles 1-0 in overtime.

"Anyone that saw the Brockport game knows we didn't deserve to lose. Clearly, we were the better team but despite the domination we couldn't pull out the victory. It 's unfortunate that our season had to end on such a devastating note but it's important to reflect on the entire season and what this team has accomplished. Words cannot express how proud I am. This is the first time in a very long while that the team has gone on to any kind of post season," said coach Susan Viscomi.

On a sunny, windy day, the Continentals controlled the ball throughout the contest, outshooting a clearly less-talented Brockport team 8-4. The first half saw Hamilton keep the ball deep in the Brockport zone, but failing to get quality shots. But as the theme has been throughout the Continentals' season, they just were unable to convert opportunities, and left at halftime deadlocked at 0-0.

Coming out in the second, the Continentals knew a goal would probably make the difference in the game, and started shooting as often as they could. Getting a great deal of chances off their six second-half corners and numerous direct kicks, Hamilton managed nothing more than a chip off the post and some floaters that soared high and wide. For the eighth time this season, the girls headed to overtime, and tried to put away the 10-5-2 Eagles.

Captain and goalie Azure Davey '00, who led the UCAA in both goals against average (0.78) and save percentage (.886),

PHOTO BY DARREN BLOCK '01

The Women's soccer team ended its phenomenal run in an overtime loss.

was forced to make only two saves on Tuesday. She said, "I was a little nervous going into overtime, because I really thought that we were gonna put them away in regulation. It was just a scramble in front of the the net and they put it away. I think we had a really good season, we just had a bad loss at the end."

In overtime, Brockport finally started to get a few scoring opportunities, but Hamilton kept the pressure on as well. The defense led by sweeper Roxanne Hoek '03, Jessica Bard '03, and captain Kelly McKeown '00, all shut down the Brockport press, and as the clock dwindled down, it looked as if the Continentals would be headed for yet another trip to double overtime. Unfortunately, it wasn't in the cards for the home team, as with four ticks left the ball spun out in front of the net, and Brockport forward Kerri-Ann Murphy tapped in the game-winner.

"It was just a bad ending to everything. It was a very, very frustrating game, because we controlled all the way and they happened to get lucky in the end. That's soccer though, it's not always the best team who wins, but whoever puts it in the net. It just wasn't meant to be for us," said forward Julia Guastella '02, who had another strong season in her second year.

But take nothing away from the Hamilton women's soccer team who left nothing on the field in its tournament game or in any of its matches this season. They are a young team and certainly should look beyond their tournament loss and think about all the success they have had this season.

Coach Viscomi commented, "The defense led by Azure, Elliott, Hoek, Bard, and McKeown has been our strength all saeson long and should be commended on its exemplary play. With 16 returning players, the future of women's soccer at Hamilton looks very bright indeed."

Men's X-C: Big Red falls to Big Blue

by Fred Shear '03
SPORTS WRITER

The Hamilton men's cross country team turned in yet another eye-opening performance at the Cornell Invitational last Saturday.

In the five kilometer race, the Continentals disposed of Cornell University, Moravian College, and St. Lawrence University. The final results were: Hamilton 36, Cornell 41, Moravian 63, and St. Lawrence 83. Hamilton used its full roster, while the other schools split up their runners between the 5K and the 8K, which Hamilton did not participate in. Nevertheless, it was another impressive showing that clearly proves that Hamilton is ready for the NESCAC Championships this coming Saturday at Hamilton.

"This was a good, tight race. We ran very smoothly. Running at a shorter distance at a faster pace will get us ready for championship quality running," commented coach Brett Hull

It was business as usual for junior captains Sam Brown and Scott Taylor, and freshman sensation Nate Arnold. Brown was the Continentals' top finisher (4th overall) with a time of 16:52. Taylor and Arnold were right behind him, finishing fifth and six overall, respectively, both at 16:53. Sophomores Doug Zeyak and Mac Weiss continued their consistent running, completing the course with times of 17:12 and 17:18, good for tenth and eleventh overall.

Other times included: junior Karl Bressler, 17:32, sophomore Ryan Murelli, 17:43, sophomore John Damaske, 17:48, sophomore Ned Marcalus, 17:48, junior Seth O'Bryan, 18:06, junior Steve Guditus, 18:06, freshman Gian Traina, 18:20, freshman Jordan Burns, 18:20, freshman Fletcher Malcolm, 18:32, freshman Dan Leonard,

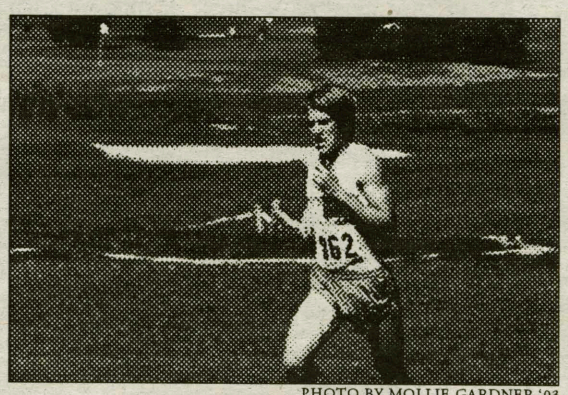

PHOTO BY MOLLIE GARDNER '03

Ned Marcalus '02 hopes to help the Continentals run well at NESCAC's.

20:09, freshman Matthew Speer 20:45, freshman Andrew Magyar, 21:15, and freshman Peter Kimball, 23:50.

The New England Small College Athletic Conference championships will showcase some of the best Division III cross-country teams in the northeast, and also the country. Included in the field are Williams, ranked 9th nationally, Bates, ranked 15th, Tufts, ranked 19th, and St. Lawrence, ranked 23rd. Williams and Bates are the only two teams that have been able to handily dismiss the Continentals this season. Hamilton has not squared off against Tufts, and they have run neck-and-neck with St. Lawrence at the UCAA championships where they placed second.

"Collectively, this field is the toughest we've seen all year," said coach Hull. "There is a lot of parody in this race. I can definitely see us finishing in the top five." Ryan Murelli went a little further, saying that "realistically, if we run well, we can finish in the top four."

Hamilton may also benefit from a possible 'home field advantage' as they have raced on the course once already in a meet, and numerous times in practice. The Continentals can enhance what has already been a great season with a solid showing, which would give the Continetals momentum for States and Regionals.

"We're knocking on the door," Seth O'Bryan said. "In the three years I've been here, this is our best team. I'm really proud of the way we've performed so far this year."

Hamilton has aced part one of its season. Starting Saturday morning, part two begins, and from the looks of things, the Continentals are ready.